Managing Substance Use Disorders in General Practice

**PROGRAM**

**Date**  
Saturday 9th September 2017

**Time**  
8:15am registration and trade display for 8:45am start

**Venue**  
ANU Commons, 3 Rimmer Street, Canberra City

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**Dr Nicole Lee**

Nicole Lee is Professor at the National Drug Research Institute Curtin University and Director at 360Edge, a specialist evaluation and training consultancy for the alcohol and other drugs and mental health sectors. She is one of Australia's leading experts in alcohol and other drug treatment and harm reduction, and was involved in WHO's implementation of the AUDIT screening and brief intervention and developed the only available brief therapy for people who use methamphetamine.

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**Dr Anthony Sams, B.Med FRANZCP FAcChAM**

Dr Sams completed his undergraduate medical training at the University of Newcastle. He completed specialist training in Psychiatry in Sydney. In 2002 Dr Sams was awarded Fellowship in the Australasian Chapter of Addiction Medicine (Royal Australasian College of Physicians). For over a decade, he has been working primarily in the sub-specialty of Addiction Psychiatry. Dr Sams is the Medical Director of the Drug and Alcohol Programs at Northside Greenwich, and Northside Wentworthville Hospitals.

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**Dr Saba Javed, MBBS FRANZCP**

Staff Specialist Psychiatrist at ACT Health, Pain Management Unit, Alcohol and Drug Service, Mental Health

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**Dr Alfiya Mutlu, MD, FRANZCP**

Dr Alfiya Mutlu is a consultant psychiatrist working with Gungahlin Community Mental Health team. She is highly involved in improving the way community mental health teams deliver services for people with complex mental illness including AOD comorbidity, significant functional impairment and high risk.

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**Chris Gough**

Chris Gough is a classically educated entomologist who came to the AOD sector via the school of life and lived experience. He has worked in peer based harm reduction services in NSW and the ACT as well as at the Medically Supervised Injecting Centre. He is currently the President of the NSW Users and AIDS association (NUAA) and Vice President of Alcohol, Tobacco and Other Drug Association of the ACT (ATODA). He works as the Manager of the Canberra Alliance for Harm Minimisation and Advocacy (CAHMA) and as such oversees CAHMA’s Peer Naloxone Training Program.
# PROGRAM

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<tr>
<td>8:15am</td>
<td>Registration and Trade Display</td>
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<td>8:45am</td>
<td>Welcome and Housekeeping</td>
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<tr>
<td>9:00am</td>
<td><strong>Keynote Address by Dr Nicole Lee</strong>&lt;br&gt;Harm Minimisation – Identification and Assessment of Substance Use in General Practice</td>
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<td>10:00am</td>
<td><strong>Presentation by Dr Saba Javed</strong>&lt;br&gt;Benzodiazepine – Identification, Management and Impacts on Mental Health</td>
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<td>10:30am</td>
<td>Question and Answer Session 1</td>
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<td>10:40am</td>
<td>Morning Tea</td>
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<td>11:00am</td>
<td><strong>Presentation by Dr Anthony Sams</strong>&lt;br&gt;Screening for Alcohol and Drug dependency in General Practice &amp; HealthPathways Applications</td>
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<td>11:40am</td>
<td>Question and Answer Session 2</td>
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<td>11:50am</td>
<td><strong>Presentation by Chris Gough</strong>&lt;br&gt;Naloxone prescription – How GP’s can influence the state of naloxone availability in the ACT</td>
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<td>12:00pm</td>
<td><strong>Presentation by Dr Alfiya Mutlu</strong>&lt;br&gt;Adult Community Mental Health Services Model of Care - update and impact on management of clients with Substance Use disorders</td>
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<td>12:30pm</td>
<td>Conference Close</td>
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LEARNING OUTCOMES

1. Develop awareness of best practice in harm minimisation approaches, particularly relating to identification and assessment of substance use disorders in general practice

2. Identify clinical situations where Alcohol and Drug dependency may impact clinical decision making in general practice

3. Identify and respond to patients with Benzodiazepine dependency in your general practice

4. Develop skills and knowledge around safe and appropriate prescribing of benzodiazepines in general practice

5. Reflect on current practice, highlight potential improvements, and improve referral networks to ensure appropriate referral and investigation practice with Substance disorders

This activity has been submitted to RACGP for Category 2 Activity 6 CPD points in the QI & CPD Program for 2017 – 2019 Triennium. Activity ID: 111170

Notes: