



A Step Up for Our Kids

One Step Can Make a Lifetime of Difference

AN E-LEARNING COURSE FOR PROFESSIONALS AND PRACTITIONERS WORKING WITH FAMILIES FROM PRE-BIRTH TO EIGHT YEARS

Background:

This e-learning course is a free and easy to use resource for all professionals and practitioners working with children and families. It provides a starting point for using common language that delivers consistent and compelling messages to families about caring for their young child. It is strengths based and family focused.

It uses the latest neuroscience evidence which shows that the early years impact significantly on children's brain development and their future life outcomes.

The 4 ½ hour online course is based on the hardcopy practice guide for working with families from pre-birth to eight years commissioned and funded by the Standing Council of School Education and Early Childhood (SCSEEC).

The hardcopy practice guide *"A practice guide for working with families from pre-birth to eight years: Engaging Families in the Early Childhood Development Story"* to support your learning is available at <http://www.communityservices.act.gov.au/workingwithfamiliesfromprebirthtoeightyears>

The ACT's new five year strategy *A Step Up for Our Kids – One Step Can Make a Lifetime of Difference* was launched on 22 January 2015. This course supports this strategy through building capacity of the service system.

How to access the online course?

You can find the e-learning course at <http://practiceguide.e3learning.com.au/>

The course can be stopped at any point and resumed at a later time with flexibility to do the modules in separate sessions. At this stage, it is available in the ACT until September 2016.

Information provided by the individual remains confidential and private.

The course complies with both the Web Content Accessibility Guidelines (WCAG) 2.0 and the Sharable Content Object Reference Model (SCORM) - a collection of standards and specifications for web-based e-learning.

The learning experience is enhanced with:

- interactive presentations and drag and drop activities that step through the key concepts and models
- self-reflection questions that can be printed at the end of the course for future use and reference
- voice over audio of the course content
- short video clips that show real world examples of the methods and approaches within the course
- short multiple choice assessments at the end of each section to test the depth of understanding of the main principles before moving onto the next section.



ACT
Government
Community Services

The Office for Children, Youth and Family Support (OCYFS)

GPO Box 158, Canberra ACT 2601

e ocyfs@act.gov.au t 132281

w www.communityservices.act.gov.au



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What you will learn:

- consistent and compelling ways to share information about early childhood development with parents, families and the community
- the neuroscience evidence showing that positive relationships and experiences in the early years contribute to children's optimal development and lay a foundation for future development and learning
- how to affect change by providing consistent messages to parents that give them the knowledge and skills to better support their child's development
- how to further empower parents by working in partnership, building on their strengths and promoting parenting as a learning process.



It's about you. Always!
Communities@Work



Canberra Preschool Society
Parents Supporting Preschool & Playschool Education

Further Information:

If you have any questions regarding the E-learning package rollout in the ACT or the information listed here, please contact Mel Thompson, Manager, Early Intervention and Prevention Projects on (02) 6207 1983 or email melanie.thompson@act.gov.au

Further information on *A Step Up for Our Kids* can be accessed via www.act.gov.au/CBRStepsup.

The e-learning package was developed by the South Australian Department for Education and Child Development. For more information on the e-learning practice guide please email DECD.practiceguide@sa.gov.au

A number of agencies across the ACT have partnered in supporting the rollout of the e-learning course as listed below:



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