

Australian Capital Territory - National Psychosocial Support 2019/20 - 2023/24 Activity Summary View



NPS - 1000 - Commissioning psychosocial supports



Activity Metadata

Applicable Schedule *

National Psychosocial Support

Activity Prefix *

NPS

Activity Number *

1000

Activity Title *

Commissioning psychosocial supports

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

To support people, 18 years+, with severe mental illness and associated psychosocial functional impairment who are not supported through the NDIS.

To reduce the avoidable need for acute health services and reduce crisis-driven use of the health care system.

Description of Activity *

1. Service Delivery

In partnership with ACT Health and in alignment with NPS guidance material, ACTPHN will commission psychosocial services. In 2018, a process was undertaken to co-design a set of outcomes with the community and procurement was undertaken, identifying

two successful providers. These providers will continue the delivery of psychosocial services through this activity period.

Psychosocial supports will focus on addressing a range of issues including:

- social skills and friendships;
- family connections;
- managing daily living needs;
- financial management and budgeting;
- finding and maintaining a home;
- vocational skills and goals, including volunteering;
- educational and training goals;
- maintaining physical wellbeing, including exercise;
- managing drug and alcohol addictions, including tobacco; and
- building broader life skills including confidence and resilience.

The commissioned service providers will work with clients to address these issues through:

- Providing early intervention support services to people with severe mental illness between 18-64 years that do not meet the NDIS threshold.
- Development of Individual Recovery Plans
- Evidence-based services including individual and group services
- Integration with primary and acute services
- Peer worker support

Both service providers will also continue to ensure integration across primary and acute mental health services to ensure that these non-clinical supports are contributing to better health outcomes.

With carry forward funding, ACT PHN has increased capacity to the service providers to increase services with a focus on emerging needs as a result of the COVID19 pandemic as well as evaluate the service in a local context following the outcomes of the national evaluation by NOUS.

Needs Assessment Priorities *

Needs Assessment

ACT PHN Needs Assessment 2019/20-2020/21

Priorities



Activity Demographics

Target Population Cohort

People with severe mental illness who are not eligible for assistance through the NDIS, and who are not receiving psychosocial services through programs such as Partners in Recovery (PIR), Day to Day Living (D2DL) or the Personal Helpers and Mentors (PHaMs).

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

NA

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Urriarra - Namadgi	80111
Molonglo	80110
Woden Valley	80109
Weston Creek	80108
South Canberra	80106
North Canberra	80105
Gungahlin	80104
Tuggeranong	80107
Canberra East	80103
Belconnen	80101



Activity Consultation and Collaboration

Consultation

Along-side the collaborators listed below, ACT PHN undertook a community co-design and consultation process with the sector. This workshop co-designed a set of outcomes for the NPS program and a community feedback survey was also conducted to obtain feedback on the resulting outcomes framework.

Collaboration

A working group of stakeholders was established to lead the development of an outcomes framework to inform the procurement and implementation of NPS services in the region. This working group consisted of:

- Mental Health Community Coalition ACT
- ACT Mental Health Consumer Network
- ACT Health
- Carers ACT and
- ACTPHN

The commissioned service providers are Flourish and Woden Community Services. ACT PHN will collaborate with them throughout this activity period around service delivery, quality improvement, and evaluation.



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Yes

Has this activity previously been co-commissioned or joint-commissioned?

Yes

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Please see the notes under consultation.



Summary of activity changes for Department

Activity Status

Ready for Submission



NPS - 2000 - Commissioning services to support the transition to NDIS or Continuity of Supports.



Activity Metadata

Applicable Schedule *

National Psychosocial Support

Activity Prefix *

NPS

Activity Number *

2000

Activity Title *

Commissioning services to support the transition to NDIS or Continuity of Supports.

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

To ensure continuation of support for people with severe mental illness and associated psychosocial functional impairment who were previously accessing Partners In Recovery (PIR), Day to Day Living (D2DL), or Personal Helpers and Mentors (PHaMs) as they test for the NDIS and/or transition to ongoing services through the NDIS or Continuity of Supports.

Description of Activity *

In alignment with Department of Health guidance, ACT PHN will contract the current community providers of D2DL, PHaMs, and PIR to continue providing supports for an additional 12 months to current, active clients for D2DL, PHaMs, and PIR. This will include:

- Evidence based individual and group-based services
- Support facilitation
- Support in testing eligibility for the NDIS and transitioning to ongoing support through NDIS or Continuity of Supports.

ACT PHN will work with service providers to establish safe transition pathways between services.

Needs Assessment Priorities *

Needs Assessment

ACT PHN Needs Assessment 2019/20-2020/21

Priorities



Activity Demographics

Target Population Cohort

People with severe mental illness who are currently accessing Partners In Recovery, Day to Day Living, or Personal Helpers and Mentors.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

NA

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Urriarra - Namadgi	80111
Molonglo	80110
Woden Valley	80109
Weston Creek	80108
South Canberra	80106
North Canberra	80105
Gungahlin	80104
Tuggeranong	80107
Canberra East	80103
Belconnen	80101



Activity Consultation and Collaboration

Consultation

ACT PHN is consulting with current service providers to understand demand and current transition arrangements.

Collaboration

Collaboration with current providers of PHaMs, D2DL, and PIR will be ongoing throughout the delivery of this activity to ensure safe transitions.



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

29/09/2020

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

Yes

Decommissioning details?

All providers will be asked and supported to develop a full decommissioning plan that enables:

- 1. Safe transition of clients to ongoing supports
- 2. Supporting the workforce through a significant period of change.

Co-design or co-commissioning comments

N/A



Summary of activity changes for Department

Activity Status

Ready for Submission



NPS - 3000 - Continuity of Support



Activity Metadata

Applicable Schedule *

National Psychosocial Support

Activity Prefix *

NPS

Activity Number *

3000

Activity Title *

Continuity of Support

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area ***Other Program Key Priority Area Description****Aim of Activity ***

The aim of this activity is to provide ongoing support for clients who previously accessed PIR, PHaMs or D2DL services as at 30 June 2019 who have been/are deemed ineligible for NDIS Services to achieve:

- Increased personal capacity, confidence, and self-reliance
- Increased social participation
- Streamlined access to appropriate services
- Flexible and responsive services

Description of Activity *

ACTPHN will continue to commission the existing service provider to provide primary group-based supports focusing on psychosocial skills such as:

- Social skills and connections, including family connections
- Day to day living skills
- Financial management and budgeting
- Finding and maintaining a home
- Vocational skills and goals
- Maintaining physical wellbeing, including exercise

- Building broader life skills including confidence and resilience

Individual supports are also available to provide flexibility and meet the needs of clients.

This year there will be some increase in funding to support increased service to address emerging needs as a result of the COVID-19 pandemic.

Needs Assessment Priorities *

Needs Assessment

ACT PHN Needs Assessment 2019/20-2020/21

Priorities



Activity Demographics

Target Population Cohort

Clients who previously accessed PIR, PHaMs or D2DL services as at 30 June 2019 who have been/are deemed ineligible for NDIS Services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

NA

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Urriarra - Namadgi	80111
Molonglo	80110
Woden Valley	80109
Weston Creek	80108
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Canberra East	80103
Belconnen	80101



Activity Consultation and Collaboration

Consultation

Co-design consultation will be undertaken with current service providers of PIR, PHaMs, D2DL.

Collaboration

Key collaborators will include:

- ACT Health Directorate as co-funders of the National Psychosocial Support Measure
- Mental Health Community Coalition ACT (MHCC) as the peak body representing the community managed mental health sector
- ACT Mental Health Consumer Network (MHCN) as the peak body representing consumers with mental illness
- Carers ACT as the peak body for carers.



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

29/06/2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

A co-design process was undertaken with service providers, consumers, and carers to inform the EOI and development of services.



Summary of activity changes for Department

Activity Status

Ready for Submission



NPS-Op - 1000 - Operational support



Activity Metadata

Applicable Schedule *

National Psychosocial Support

Activity Prefix *

NPS-Op

Activity Number *

1000

Activity Title *

Operational support

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

Ready for Submission

