

## **IAR TRAINING FLYER**

### **Training – Initial Assessment and Referral (IAR) for Mental Healthcare**

#### **Background**

The [National IAR Guidance](#) and [IAR-DST](#) were developed by the Australian Department of Health and is designed to provide:

- Advice relating to initial assessment and intake (eight domains).
- A description of evidence-based services by level of intensity (the five levels of care).
- Criteria to assist with matching an individual to a level of care that is most likely to meet the individual's treatment needs and recovery goals (The IAR-DST).
- Specific focuses on how Indigenous populations are at a higher risk and techniques to alter interactions to suit Indigenous populations.

#### **The workshops**

The training will focus on:

1. Introduction to the IAR and the development of the National Guidance.
2. Orientation to the domains, level of care, and decision support tool.
3. Clinical judgement and supported decision-making.
4. Application of the IAR in assessment and intake settings (practical activity using a scenario).

#### **The learning outcomes**

- Participants are familiar with the principles underpinning the national approach to stepped care.
- Participants have an awareness of and confidence in the IAR development process.
- Participants can apply the IAR Guidance in practice settings, using the domains and the decision support tool to generate a recommended level of care.
- Participants understand the levels of care and can determine regional services matched against the levels of care.
- Participants understand the principles related to clinical decision making and consumer choice and can practice following these principles using supported decision-making strategies.

There are two workshops that participants are required to complete.

Workshop One is a pre-recorded training video that participants can access independently and at a day/time that is convenient. Workshop One focuses on an introduction and orientation to stepped care, the initial assessment and referral process, and the decision support tool. The video training is 30 minutes in length. **Participants must complete Workshop One before registering for Workshop Two.**

Workshop Two is a live practice community where participants engage in practical activity focusing on applying the IAR decision support tool to the prepared scenario.

**Registration:**

Visit <https://www.chnact.org.au/for-health-professionals/initial-assessment-and-referral-iar-decision-support-tool-for-mental-health/> to access (Jan to Mar 2023) training dates.

For more information about this training, contact: Mohamad Elkheir, IAR Project Lead on [assessment.referral@chnact.org.au](mailto:assessment.referral@chnact.org.au)