

Australian Capital Territory - NMHSPA Bilateral PHN Program 2022/23 - 2026/27 Activity Summary View



NAB-UAS - 905 - Universal Aftercare Services



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS

Activity Number *

905

Activity Title *

Universal Aftercare Services

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

To enhance and expand The Way Back Support Service to ensure broader referral and entry pathways for people who have experienced a suicidal crisis without being admitted to hospital

Description of Activity *

It is anticipated that any carryforward funding allocated to The Way Back Support Service from Universal Aftercare the service will be maintained and expanded upon to be utilised over the next 3 years. The first step of this expansion will be to increase the capacity of the service to receive 'Secondary Criteria' referrals, meaning referrals for those undergoing a suicidal crisis. In addition, other options to improve and/or expand the service will be investigated over the next 12 months.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

Priority	Page reference
Mental Health	50



Activity Milestone Details/Duration

Activity Start Date

30/06/2023

Activity End Date

29/06/2026



NAB-UAS-Ops - 903 - Universal After Care Services Operational



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS-Ops

Activity Number *

903

Activity Title *

Universal After Care Services Operational

Existing, Modified or New Activity *

New Activity



NAB-HE - 900 - headspace Enhancement Canberra



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

900

Activity Title *

headspace Enhancement Canberra

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

To increase access to coordinated, multi-disciplinary care for cohorts of young people, and to improve workforce attraction and retention.

Description of Activity *

As per the headspace Enhancement guidelines, there will be an allocation of funding above the funding floor from headspace Canberra to be utilised for headspace Tuggeranong. Staffing and salary review will be implemented as a key enhancement priority given the systemic challenges to attract and retain service clinicians and experienced staff identified. *Service demand and waitlist management will be supported by the implementation of attraction and retention strategies including recruitment of additional staff, increases in FTE hours for a number of existing positions, and succession planning opportunities for student placements. *Active recruitment will include engagement of an additional Youth Counsellor incorporating intake as well as early intervention options for young people. Increases in FTE hours for existing positions including Youth Care Coordinator and the Mental Health Clinician roles. *Specialised programs, groups and interventions will include Single Session Therapy, Single Session Family Consultation. *Implement a review of the triage and interim supports system enabling increased early supports for young people to access alternative options. *Increase training options for staff including individual and group opportunities to enable development of new groups and projects in line with service demands. Training will include Single Session Therapy/Single Session Family Consultation, increased offerings to Dialectical Behavioural Therapy, Acceptance & Commitment Therapy and Mental Health First Aid.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

Priority	Page reference
Mental Health	50



Activity Demographics

Target Population Cohort

Young people aged 12-25 years experiencing or at risk of mental illness



Activity Milestone Details/Duration

Activity Start Date

30/06/2023

Activity End Date

29/06/2026



NAB-HE-Ops - 902 - headspace enhancement operational funding



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE-Ops

Activity Number *

902

Activity Title *

headspace enhancement operational funding

Existing, Modified or New Activity *

New Activity