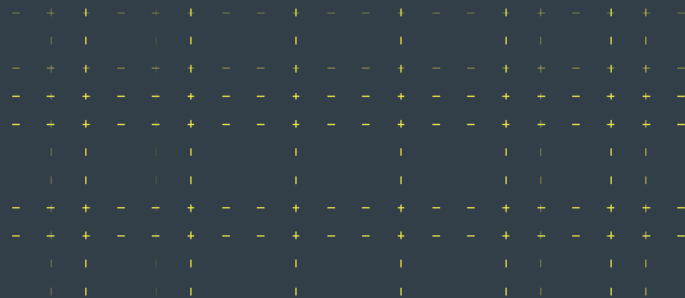




Healthy Ageing Tender

CHN Tenders Team
Capital Health Network

7 March 2024



“We would like to acknowledge the traditional custodians of the land on which we meet today, the Ngunnawal people, and pay our respect to Elders past, present and future.

We extend that respect and welcome all Aboriginal and Torres Strait Islander peoples attending our session today.”



Introduction to Healthy Ageing Tender

CHN

Partnering for better health

1. Introduction - CHN
2. Tender overview
3. Key priority areas for this tender to address
4. Assessment criteria explained
5. Key considerations when applying
6. Documents to assist your application
7. Reporting requirements
8. Commissioning and procurement timeline
9. Questions

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Partnering for better health

Introduction to Capital Health Network

CHN

Partnering for better health

- Capital Health Network (CHN) is one of the 31 Primary Health Networks (PHNs) across Australia
- PHNs are independent organisations working to streamline health services
- Our goals:
 - Improving the efficiency and effectiveness of health services for people, particularly those at risk of poor health outcomes.
 - Improving the coordination of health services, and increasing access and quality support for people.

More info: <https://www.health.gov.au/our-work/phn/what-PHNs-are>

Healthy Ageing tender overview

Funding: Department of Health and Aged Care

To help older Australians maintain their quality of life in the community for longer and avoid preventable hospitalisations.

This activity is to:

- support older people residing in the community, aged 65 and over or Aboriginal and Torres Strait Islander people aged 50 and over through the delivery of early intervention activities in the ACT that promote healthy ageing, slow decline and support the ongoing management of chronic conditions
- upskill health professionals in primary care to better support older people in community
- improve care experience and better transition of care for community-based older people in the primary care space
- upskill family members/ carers to support older persons

Spectrum of support/domains of care

CHN

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Living well

Living with
illness

Living with
frailty

Crisis and
complex care

Dying well

Funding available

CHN

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A total of **\$503,737.23 (GST-exclusive)** is available to fund two to three service providers who will be contracted through CHN's procurement process.

The funding is to undertake activities from 1 July 2024 to 30 June 2025.

The closing date and time for application: **5pm, Tuesday, 2 April 2024.**



CHN Needs Assessment priority areas – older people

CHN

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1. Nutrition and eating habits
2. Chronic pain management
3. Mental health
4. Psychosocial support for complex life circumstances
5. Dementia support
6. Loneliness and social isolation
7. Care coordination
8. Physical activities, especially with considerations for specific comorbidities (e.g. Parkinson, Dementia)
9. Falls prevention
10. Medication review and management
11. Patient education and self-management support



Upskilling Primary Care health professionals

CHN

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1. Advance care planning
2. Medication review, management and supports
3. Behavioral and dementia screening and supports post diagnosis
4. Allied health needs of older people for reablement and rehabilitation
5. Falls and frailty screening and prevention
6. Mental health/ loneliness and social isolation support

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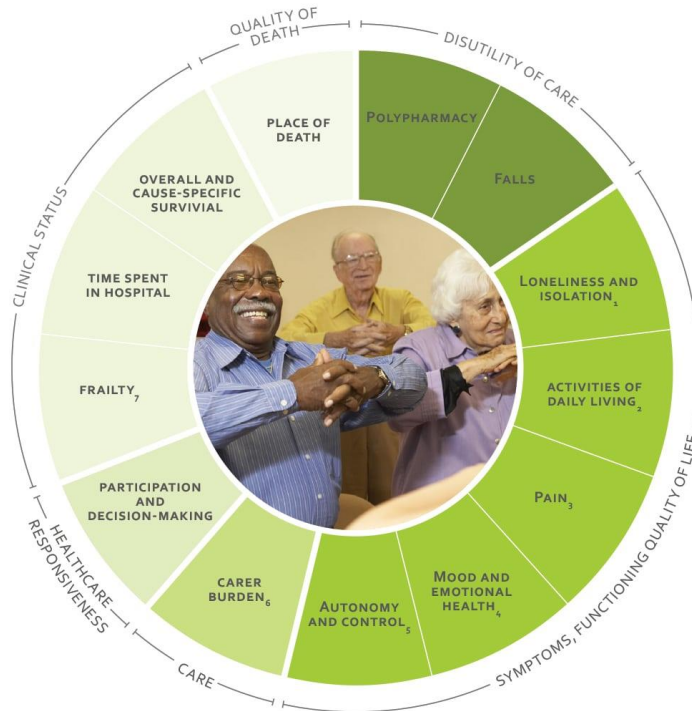
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In-scope and out-scope

In-scope	Out-scope
<ul style="list-style-type: none">- Co-design and implementation of targeted interventions to prevent, identify and reduce chronic disease and health issues, avoid inappropriate hospital admissions and improve health outcomes for the elderly.- Support collaborative approaches between multidisciplinary teams and primary care providers.- Expanding existing healthy ageing programs where relevant including (current CHN commissioned providers).- Educating primary health care providers on how to connect senior Australians with necessary psychosocial, health, social and welfare supports.- Educating family members or carers on how to manage older persons' health.	<ul style="list-style-type: none">- Activity/ies remunerable through Medicare such as GP services.- Social support or recreational activity/ies that have been provided by other providers in the ACT.- Disability support services covered under the National Disability Insurance Scheme.



Reporting measures - ICHOM Measures



The ICHOM Set of Patient-Centered Outcome Measures for Older person
Basic info about ICHOM can be found here: <https://ichom.org/files/medical-conditions/older-person/older-person-reference-guide.pdf>

Describe the activity/activities you intend to conduct under the Healthy Ageing, Early Intervention Program - 15%:

1. Description of the proposed activity/activities with defined scope and eligibility criteria for participants;
2. Detail the number of participants/sessions/resources to be supported/developed in this program;
3. The evidence to support the effectiveness of the proposed activity/activities;
4. The long-term change that the activity/activities aim to create/ the aim of the proposed activity/activities (e.g. changes in behaviours, knowledge, awareness, attitudes, beliefs, perceptions, skills);
5. Outcomes of the proposed activity/activities. These outcomes should be measurable.



Tell us more about the local needs for your proposed activity/activities that relate to the aims of this funding – 20%:

1. The size of ACT population with identified needs in the ACT, demographics, relevant specific conditions and acuity level;
 2. Other needs/ gaps that the proposed activity/activities are going to address (refer to relevant sections of the Capital Health Network 2021-2024 Needs Assessment;
 3. How the proposed activity/activities add value to the current services in the ACT.
- The proposed activity/activities should NOT duplicate any existing services that are operating in the ACT. If you are a current provider under this program, please include detail of the benefit of the extended activity.

Discuss measures for tracking progress, success and evaluation – 5%:

1. What ICHOM patient outcome measures are being utilised for the proposed activity/activities? (further ICHOM Measures information)
2. What other measures will be used to monitor outcomes of the proposed activity/activities?
3. How will you collect the data for these outcome measures? And how often they will be collected?

Further implementation aspects – 10%:

1. What is the strategy to recruit participants for the proposed activity/activities?
2. What is the strategy to retain engagement for the proposed activity/activities?
3. Who are the key partners your organisation will collaborate with? What is your current relationship with them? In what capacity will you collaborate?

Your organisation's capacity to deliver the proposed activities – 20%:

1. Resources and infrastructure
2. Telehealth (if applicable)
3. Staffing, skills and experience. How can your organisation deliver this service successfully?
4. Longer term sustainability of the impact and/or program beyond the funding period.

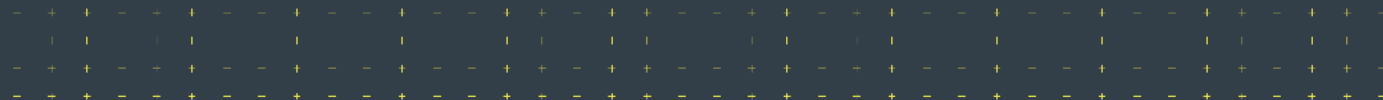


Your proposed budget – 10%:

1. Itemised budget is cost effective, within funding available and provides Value for Money.
2. Administration and service delivery costs should be specifically defined and itemised where practical.
3. Administrative costs are capped at a maximum of 14.5% of proposed budget.
4. All amounts included in the proposed budget must be GST-exclusive.

Conflict of interest – N/A

Provide details of any interests, relationships or clients which may or do give rise to a conflict of interest and the area of expertise in which that conflict or potential conflict does or may arise, plus details of any strategies for preventing and/or managing conflicts of interest (actual or perceived).



Risk management and mitigation strategies – 20%:

1. What are the potential barriers for older people to access your activity/activities?
2. What are the proposed mitigation strategies for the identified barrier(s)?
3. Are there any potential risks for older people when participating in your activity/activities? If yes, what are they?
4. How can you mitigate/control the identified risks?
5. What are the factors that may impact the success of the activity/activities?
6. How do you plan to mitigate the identified factors?

Service deliverables and reporting requirements

1. Initial kick off meeting within first four weeks from execution of agreement
2. Six monthly performance reports and audited acquittals
3. Performance reports will include details of agreed outcome measures relevant to the activities and target population using the ICHOM Set of Patient-Centered Outcome Measures for older person
4. Status meetings (monthly during implementation then quarterly)
5. De-identified case study if required

Important considerations when applying

1. Please refer closely to the EOI documents and application form to provide the most tailored response for this tender.
2. Please stick to the word limits on the response form. Words outside of the limit will not be considered in the assessment of your application.
3. Proposed activity/ies need to address local health needs as identified in CHN Needs Assessment.
4. All activity/ies need to be completed by 30 June 2025, with no option for extension.
5. Budget need to be carefully considered when applying.
6. Refer to Aged Care Quality Standards as guiding principles to design activities.
7. Please contact CHN through tenders@chnact.org.au if you have any queries.

Commissioning/procurement timeline

EOI opens – 4 March 2024

Q&A close - 5:00pm, 22 March 2024

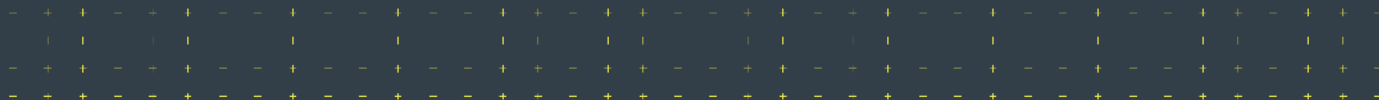
EOI closes – 5pm, 2 April 2024

Review Submissions – by 30 April 2024

Contract negotiations – by 17 May 2024

Establishment – 1 July 2024

Services Commence – 1 July 2024



Documents to assist your application

1. **Healthy Aging Tender EOI:** <https://www.chnact.org.au/tenders/chn-tenders/>
2. **CHN Needs Assessment 2021-2024:** inform applicants of local funding priorities
Link: <https://www.chnact.org.au/wp-content/uploads/2022/03/Capital-Health-Network-ACT-PHN-2021-24-Needs-Assessment.pdf>
3. **ICHOM measures:** inform applicants of what outcome measures to be used for some area of the proposed activity (included in the RFP guideline)
4. **Aged Care Quality Standard:** <https://www.agedcarequality.gov.au/providers/standards>
5. **Developing and Using Program logic:** <https://www.health.nsw.gov.au/research/Publications/developing-program-logic.pdf>
6. **Working with consumers:** <https://aci.health.nsw.gov.au/support-for-innovation/working-with-consumers>
7. **Examples of some healthy ageing projects elsewhere:** <https://www.wapha.org.au/wp-content/uploads/2022/04/Healthy-Ageing-Case-Studies.pdf>

Questions



tenders@chnact.org.au

**Closing date for Q&A:
5:00pm, 22 March 2023**

Thank you!

www.chnact.org.au

