

! With winter coming, it is all the more important to review aspects of your practice which could be impacted by COVID and the Flu. This QulK Tip includes important considerations for your practice for the coming winter season.

- 1.** Review your practice's processes
 - [Urgent Patient Consultations](#) (same day for urgent issues and follow up post discharge to reduce presentation to ED)
 - [Infection Prevention and Control](#)
 - [Managing Patients with Respiratory Symptoms](#) in the practice
 - Administration of [COVID](#) and [Influenza](#) vaccines, including co-administration
 - Stocking and ordering [Personal Protective Equipment \(PPE\)](#)
 - [Identifying Patients at High Risk for Severe Outcomes](#) from COVID or Influenza

- 2.** Consider training and upskilling
 - [Infection Prevention and Control](#)
 - [COVID-19 Vaccination Training](#)
 - [RACGP Winter Planning Toolkit](#)
 - Providing education and [resources](#) to patients about self-care including preventive measures, monitoring for symptoms and when to seek medical advice.

- 3.** Stay up-to-date
 - [COVID-19](#)
 - [Influenza](#)

- 4.** Review relevant HealthPathways (Username: together Password: forhealth)
 - [COVID-19](#)
 - [COVID-19 Referrals](#)
 - [COVID-19 Management](#)
 - [COVID-19 Vaccination Resources](#)
 - [Influenza](#)
 - [Influenza Immunisation](#)

- 5.** Staffing
 - Review staff rosters and plan for staff sick days
 - Staff wellbeing
 - [RACGP](#)
 - [TEN](#) - The Essential Network for Health Professionals
 - [Access EAP](#) - access to free and confidential counselling for those working in primary care