

Australian Capital Territory - Primary Mental Health Care

2022/23 - 2026/27

Activity Summary View



MH-H2H - 5 - Head to Health Intake and Assessment Phone Service



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-H2H

Activity Number *

5

Activity Title *

Head to Health Intake and Assessment Phone Service

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to support an integrated approach to intake and assessment in the ACT through a dedicated phone service. This includes enabling intake into Head to Health Centres, and supporting warm referrals and service navigation across all forms of support in the ACT.

Description of Activity *

ACT PHN will continue to commission a Head to Health Intake and Assessment Phone Service, which will provide a local approach to a national phone service that provides initial intake and assessment. This service will use the IAR Decision Support Tool to support its clinicians to refer people to the most appropriate services to meet their unique needs. This service will be integrated

with existing Head to Health Centres to enable a smooth intake pathway, and will support callers with advice, information, service navigation, intake, assessment and warm referral.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2026

Service Delivery Start Date**Service Delivery End Date****Other Relevant Milestones****Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning**Decommissioning details?****Co-design or co-commissioning comments**



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created



MH - 7 - Early Psychosis Youth Services (EPYS) Program



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

7

Activity Title *

Early Psychosis Youth Services (EPYS) Program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

ACT PHN will commission an Early Psychosis Youth Service (EPYS) in the ACT, leveraging off local headspace services. The aim of this activity is to reduce the incidence and severity of psychosis within the community through prevention, early detection, reduced risk of transition to full-threshold psychosis, restoration of normal development and functional trajectory, coordinated care delivery, and minimisation of the impact of psychosis.

Description of Activity *

ACT PHN will commission an EPYS (headspace Early Psychosis) in the ACT, to be integrated with the existing headspace Canberra service and delivered in line with Orygen's EPPIC model.

This activity will provide services to young people aged 12-25 who are actively experiencing or are at ultra-high risk of, a first episode of psychosis. The key overarching feature of EPYS is that it will provide easy access to care, an integrated biopsychosocial approach, and a high level of partnerships with service providers.

The headspace Early Psychosis program supports young people in every aspect of their recovery, including best practice treatment, education and employment support and managing relationships. The service will deliver mobile assessment and treatment, continuing care and functional recovery and will be integrated with existing services in the ACT.

ACT PHN will also commission a property consultant to lead consultations with local stakeholders on the requirements for a local EPYS site and to ensure the site is fit for purpose for all stakeholders.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2025

Service Delivery Start Date

01/05/2024

Service Delivery End Date**Other Relevant Milestones****Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?**Co-design or co-commissioning comments**

EPYS establishment will be undertaken in collaboration with ACT Health Directorate and Canberra Health Services due to the existence of another early psychosis youth program in the ACT, delivered through the Child and Adolescent Mental Health Service (CAMHS). Collaboration with ACT Health Directorate and CHS will aim to avoid duplication of services and support an integrated service pathway for young people accessing early psychosis services in the ACT. The Service Design Working Group will also support further collaboration with existing services within the local mental health sector.

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes

Funding From Other Sources - Financial Details

Funding From Other Sources - Organisational Details



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created
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MH - 8 - Culturally appropriate mental health services for Aboriginal and Torres Strait Islander People



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

8

Activity Title *

Culturally appropriate mental health services for Aboriginal and Torres Strait Islander People

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

Other Program Key Priority Area Description

Aim of Activity *

Enhance and better integrate Aboriginal and Torres Strait Islander mental health services at a local level by facilitating a joined-up approach with other closely connected services including social and emotional wellbeing, suicide prevention and alcohol and other drug services.

Description of Activity *

Commission local ACCHO to deliver culturally sensitive mental health services for Aboriginal and Torres Strait Islander people aged between 0-25 years and their families.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

ACT PHN have undertaken consultation with the ACCHO, the ACT and the Aboriginal and Torres Strait Islander Youth service and the broader mental health sector to identify areas of need and potential service models as part of the annual needs assessment process. Targeted consultation was also undertaken as part of the Regional Mental Health and Suicide Prevention Plan.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2024

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

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MH - 9 - Targeted Regional Initiatives for Suicide Prevention



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

9

Activity Title *

Targeted Regional Initiatives for Suicide Prevention

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

To commission or adapt programs and services to support people at risk of suicide and meet community need, to improve care coordination and service pathways, and to build workforce capability to respond to suicide and distress.

To build a community collaborative to support suicide prevention initiatives, activities, and priorities in the ACT region.

Description of Activity *

ACT PHN will recruit a Suicide Prevention Regional Response Coordinator to take primary responsibility for the coordination, engagement and integration of early intervention suicide prevention activities across regional stakeholders.

Through this Coordinator role, ACT PHN will develop a Regional Suicide Prevention Action Plan that builds on the Joint Regional Mental Health and Suicide Prevention Plan 2019-2024 to identify regional prevention, capacity building, lived experience/peer support and care coordination activities. ACT PHN will also work with key local and national stakeholders on the National Suicide Prevention Leadership Support Program, the Suicide Prevention Capacity Building Program, and the Culture Care Connect Program.

ACT PHN will commission Targeted Regional Initiatives for Suicide Prevention, which will take a systems based approach to enhancing suicide prevention within the community, including for at-risk communities and people who are unable to access

support through traditional means.

ACT PHN will establish and maintain a local Suicide Prevention Community Collaborative, which will comprise a group of organisations and individuals who are committed to supporting community-based suicide prevention in the region.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

22/11/2022

Activity End Date

29/06/2024

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created
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MH - 11 - IAR Training and Support



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

11

Activity Title *

IAR Training and Support

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to support the training and uptake of the Initial Assessment and Referral tool among GPs and other primary care providers in order to support a stepped care approach to the intake and assessment of people presenting with mental health concerns to ensure they can receive appropriate care, when and where they need it.

Description of Activity *

ACT PHN will support General Practitioners (GPs) and other clinicians and service providers located in ACT in their network to understand and use the IAR Decision Support Tool in clinical practice, to support the use of shared language and enable appropriate mental health referrals and recommendations.

ACT PHN will employ a Training and Support Officer to lead the implementation of the IAR Decision Support Tool in primary care settings in the ACT.

Through this Training and Support Officer role, ACT PHN will:

- Deliver IAR Decision Support Tool training to clinicians and service providers
- Support the administration of the IAR-DST training and support project, including event management, webinar planning, and coordination of remuneration for GPs coordination
- Support the promotion, engagement and awareness of the IAR-DST in the ACT

-Develop and implement a localised approach to the delivery of IAR-DST training, including the development of localised resources to support the implementation of this activity
-Provide reporting to DoHAC on a quarterly and annual basis as a progress summary for the training activities and matters associated with the activities

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

27/02/2022

Activity End Date

29/06/2025

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comment	Date Created
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MH - 1000 - Low intensity



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1000

Activity Title *

Low Intensity

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to increase access to low intensity mental health services to achieve:

- Increased access to services early in illness and episode
- Improved clinical outcomes early in illness and episode
- Reduced wait times for high intensity services/services for moderate to severe presentations

Description of Activity *

As part of the NextStep program, an evidence based low intensity service model is in place, delivered by a service provider commissioned in 2017. The model is targeted at providing services to people with mild to moderate symptoms of depression and anxiety.

Low intensity interventions are cognitive behavioural therapy based, with a strong focus on guided self-help. Structured interventions are delivered through telehealth and face to face by a trained non-clinical workforce, who receive intensive ongoing clinical supervision. The workforce is trained to ensure that services that are delivered are appropriate for Aboriginal and Torres Strait Islander people and Culturally and Linguistically Diverse groups.

Needs Assessment Priorities ***Needs Assessment**

Priorities

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2017

Activity End Date

29/06/2025

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

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MH - 2000 - headspace Canberra



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2000

Activity Title *

headspace Canberra

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is for CHN to commission headspace services that provide:

- Early intervention support to young people ages 12-25
- Provide integrated mental health services alongside AOD, physical health, and educational and vocational support.
- Integration of headspace Canberra (Civic), headspace south (Tuggeranong), and other youth mental health services to ensure young people across the ACT are able to access services easily.

Description of Activity *

ACT PHN will commission two headspace centres in Canberra. One or both headspace centres in Canberra will offer the following services to young people between 12 to 25years of age:

- Mental Health Counselling- delivered by qualified mental health practitioners offering time-limited, evidence-based counseling services
- Online and phone support - headspace has a range of ways to support young people both online or by phone. Young people can get support for their mental health by simply creating a headspace account.
- GP- support to address physical and sexual health issues as well as mental health consultations by a GP skilled in working with young people
- AOD supports- support to address issues with Alcohol and other drugs delivered on-site by our partner (Directions Health)
- Individual placement and support program (IPS) - provides in-person, one-on-one support for work and study goals. IPS

Vocational Specialists will collaborate with a young person's mental health worker to ensure the support they receive helps them achieve their goals.

- Peer support – access to a trained peer worker, who uses their own experiences of a mental health issue to provide support and role modeling as well as linking with services and supports both within headspace and the community
- Care Coordination- support to link with the services and supports in the community that can support recovery
- Family Supports- individual and group interventions that can support families and friends to more effectively support their young person's recovery
- Volunteering- an opportunity for young people to join the Youth Reference Groups and work with other young people to inform service delivery in the centres and deliver community activities
- Community Engagement- a range of community development and education programs delivered in partnership with other agencies across the Canberra region

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration

The headspace Canberra program and operations will be accommodating and integrating services with the headspace Early Psychosis Youth Services.



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2025

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

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MH - 3000 - headspace South



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3000

Activity Title *

headspace South

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is for CHN to commission headspace services that provide:

- Early intervention support to young people ages 12-25
- Provide integrated mental health services along side AOD, physical health, and educational and vocational supports.
- Integration of headspace Canberra (Civic), headspace south (Tuggeranong) and other youth mental health services to ensure young people across the ACT are able to access services easily.

Description of Activity *

ACT PHN will commission two headspace centres in Canberra. One or both headspace centres in Canberra will offer the following services to young people between 12 to 25years of age:

- Mental Health Counselling- delivered by qualified mental health practitioners offering time limited, evidence-based counselling services
- Online and phone support - headspace has a range of ways to support young people both online or by phone. Young people can get support for their mental health by simply creating a headspace account.
- GP- support to address physical and sexual health issues as well as mental health consultations by a GP skilled in working with young people
- AOD supports- support to address issues with Alcohol and other drugs delivered on site by our partner (Directions Health)
- Individual placement and support program (IPS) - provides in person, one-on-one support for work and study goals. IPS

Vocational Specialists will collaborate with a young person's mental health worker to ensure the support they receive helps them achieve their goals.

- Peer support – access to a trained peer worker, who uses their own experiences of a mental health issue to provide support and role modelling as well as linking with services and supports both within headspace and the community
- Care Coordination- support to link with the services and supports in the community that can support recovery
- Family Supports- individual and group interventions that can support families and friends to more effectively support their young person's recovery
- Volunteering- opportunity for young people to join the Youth Reference Groups and work with other young people to inform service delivery in the centres and deliver community activities
- Community Engagement- a range of community development and education programs delivered in partnership with other agencies across the Canberra region

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2025

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created
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MH - 4000 - Children's mental health services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

4000

Activity Title *

Children's mental health services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Provisions of child and youth services for children under the age of 12 at risk of, or who are experiencing mental illness to:

- Provide early intervention services
- Improve mental health outcomes for children under the age of 12

Description of Activity *

As part of the NextStep program, ACT PHN commissioned a service provider to deliver evidence based mental health services for children under 12 and their families in a stepped care approach with Interventions provided in the form of:

- structured group programs, including Cool Kids (7-12 years) and Cool Little Kids (3-6 years) to address anxiety
- individual psychological interventions provide by experienced psychologists. - focused psychological strategies to individuals between the ages of 0-12 years with a priority on children aged 8-12 years, inclusion of family members or carers as required, comprehensive assessments and structured treatment plans.

Needs Assessment Priorities ***Needs Assessment**

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2016

Activity End Date

29/06/2025

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created
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MH - 5000 - Psychological services for under-served populations



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5000

Activity Title *

Psychological services for under-served populations

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-served and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

To ensure underserved and hard to reach groups are receiving timely and appropriate care to mental health services and to address specific identified gaps in services.

Description of Activity *

Under this activity, ACT PHN will continue to commission a suite of services tailored for identified groups that have:

- Barriers to access
- Limited community-based treatment options

The 3 services under this activity include

1. Psychological services for older people living in residential aged care facilities: ACT PHN will work with the existing provider of Next Step services to expand services into RACFs and tailor service offerings to residents. Based on RACF populations and mapping of existing services provided into RACFs, staff will identify residents and refer them through to the Next Step Centralised Intake. Intake workers will then liaise with the low intensity coach to schedule assessments. The low intensity service will be available on site at the RACFs on predetermined days and will also be available over the phone. Uptake of the service will be monitored to ascertain demand and increase roll out to reach service capacity. Low intensity services will be the priority for roll out, however, should this service meet demand with remaining capacity, ACT PHN will also work with commissioned service providers and RACFs to expand Next Step High Intensity Services for this cohort.

2. Services for young people with Borderline Personality Disorder (BPD) or experiencing symptoms of BPD. It has been identified that there is a lack of community-based options for people with Borderline Personality Disorder who would benefit from dialectical behavioural therapy (DBT), in particular tailored services for young people. ACT PHN has commissioned a pilot service that provides dialectical behavioural therapy in group and individual sessions. This pilot will be evaluated to ensure that it is increasing access and supporting improved outcomes for this cohort.

3. ACT PHN has also commissioned a new model of care targeting ACT's vulnerable populations. This model of care focuses on LGBTQI+ people. This new model of care will provide both low intensity and high intensity interventions. In addition, ACT PHN will ensure that these services are well integrated with tertiary and secondary services to ensure that duplication is avoided, and that individuals or groups of people are not missed.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

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Activity Demographics

Target Population Cohort

Underserved/hard to reach groups as identified in the Department of Health guidance. In addition, these services will be targeted at other vulnerable groups identified in the ACT PHN Mental Health Needs Assessment as missing out on services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2020

Activity End Date

29/06/2025

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created
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MH - 6000 - Severe and complex



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

6000

Activity Title *

Severe and complex

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description**Aim of Activity ***

To commission high intensity intervention-based services, including psychological interventions. To ensure that primary mental health care services for people with severe and complex mental illness are well integrated with secondary and tertiary services and avoid duplication.

Description of Activity *

As part of the NextStep program, this service provides high-intensity CBT services to people with severe mental illness. ACT PHN will continue to work with the existing provider to deliver this service. A portion of this service, specifically for youth has been expanded.

Clients with severe and complex mental illness may at times receive treatment services through the hospital system or through Adult Community Mental Health, thus strong integration with primary mental health services needs to occur to avoid duplication of service delivery and ensure the best outcomes for shared clients. As part of the primary mental health stepped care model, clients will be supported to step up to tertiary services or back down to primary care services.

Needs Assessment Priorities ***Needs Assessment**

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

Priority	Page reference
Mental Health	50



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2017

Activity End Date

29/06/2025

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created
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MH - 7000 - Psychological Treatment Services for people with mental illness in Residential Aged Care Facilities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

7000

Activity Title *

Psychological Treatment Services for people with mental illness in Residential Aged Care Facilities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

Psychological Treatment Services for people with mental illness in Residential Aged Care Facilities

Description of Activity *

Commission new services for residents with mental illness, which may trial new service models or build on existing arrangements for commissioning psychological services. ACT PHN works closely with existing providers as part of the underserved and hard to reach groups to ensure timely and low intensity services tailored to resident's needs are provided through a centralised intake process.

We will further build on the knowledge gained through this model of care to commission evidence-based psychological services appropriate to the needs of older people within a broader stepped care framework. Plan and implement services for residents in collaboration with Residential Aged Care Facilities (RACFs), in a way which respects RACF roles, responsibilities and in the context of operational challenges. Further development of appropriate referral and assessment processes to ensure services target residents with mental illness and promote linkages and information exchange with broader support services for residents with complex needs.

Needs Assessment Priorities ***Needs Assessment**

Priorities

Priority	Page reference
Aged Care	66



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

29/09/2023

Activity End Date

29/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created
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MH-Op - 1 - Operational



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-Op

Activity Number *

1

Activity Title *

Operational

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area ***Other Program Key Priority Area Description****Aim of Activity *****Description of Activity *****Needs Assessment Priorities *****Needs Assessment****Priorities**



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created



MH-CV19 - 1 - COVID - CALD Mental Health



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

1

Activity Title *

COVID - CALD Mental Health

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

As part of the Australian Government's response to the COVID-19 pandemic, from July 2020 Capital Health Network has been contracted to assist in a range of supporting activities.

The broad aim of this activity is to provide mental health support to young people from CALD backgrounds via headspace Canberra and headspace Tuggeranong.

Description of Activity *

Capital Health Network's Needs Assessment update highlighted the impact COVID-19 has had on the mental health of the ACT community, particularly young people and people who are at risk of poor health outcomes. Providing funding to the service provider commissioned to deliver headspace Canberra and headspace Tuggeranong, there will be increased capacity across the ACT to enhance and target mental health services for young people from a CALD background utilising a consistent approach that can be tailored, where need be, to suit the needs of the local young people.

Funding will be to provide for service delivery in the FY 24-25 to complement current services delivered by headspace to support CALD community.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

Priority	Page reference
Mental Health	50
People at Risk of Poor Health Outcomes	75



Activity Demographics

Target Population Cohort

Young CALD community in the ACT

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2021

Activity End Date

29/06/2025

Service Delivery Start Date**Service Delivery End Date****Other Relevant Milestones****Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created
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MH-AMHCT - 2 - Head to Health Satellite



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-AMHCT

Activity Number *

2

Activity Title *

Head to Health Satellite

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Mental Health

Aim of Activity *

ACT PHN will establish and commission a Head to Health Satellite in the ACT. The aim of this activity is to:

- Respond to people experiencing crisis or in significant distress
- Provide a central point to connect people to other services in the region
- Provide in-house assessment using the Initial Assessment and Referral (IAR) decision support tool, to match people to the services they need; and
- Provide evidence-based and evidence-informed immediate, and short to medium episodes of care in line with a best practice stepped care approach

Description of Activity *

Through co-design in partnership with ACT Government, ACT PHN will establish and commission a Head to Health Satellite that will integrate with the Head to Health Adult Mental Health Centre, the Head to Health intake and assessment phone service, other key primary care services, hospitals, general practices, Aboriginal Community Controlled Health Services and non-Government and community organisations.

The location of the Head to Health Satellite will be determined through the co-design process in consultation with ACT Government that has commenced.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

Priority	Page reference
Mental Health	50



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2025

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created



MH-AMHCT - 4 - Head to Health Adult Mental Health Centre



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-AMHCT

Activity Number *

4

Activity Title *

Head to Health Adult Mental Health Centre

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to deliver the Head to Health Adult Mental Health Centre to:

- Respond to people experiencing crisis or in significant distress;
- Provide a central point to connect people to other services in the region;
- Provide in-house assessment using the Initial Assessment and Referral (IAR) decisional support tool, to match people to the services they need; and
- Provide evidence-based and evidence-informed immediate, and short to medium episodes of care in line with a best practice stepped care approach

Description of Activity *

The Head to Health Centre provides short to medium term intervention, integrated intake and assessment, crisis support and information to adults aged 18 and above in the ACT PHN region with mental ill-health or who are requiring information and support. The evidence-based short to medium term multidisciplinary care will be delivered by a mental health clinician and aimed at improving psychological wellbeing for people with moderate to severe mental health issues whose needs are not being met through other services.

The Head to Health Centre will seek to build on existing services for people with or at risk of mental illness in the community and

promote integration of services, supports and pathways. The Centre will also be an avenue for implementing actions arising from the ACT Joint Regional Mental Health and Suicide Prevention Plan.

In the ACT, there is an identified need for services for people experiencing moderate to severe mental illness who cannot be adequately managed by primary care but do not meet the threshold for tertiary mental health services. The Centre will aim to address this gap between primary care and tertiary care for people with moderate to severe illness. The Centre will also provide integrated intake and assessment and clear service navigation processes to address fragmented pathways between services and ensure people are easily referred to the right service for their needs.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

Priority	Page reference
Mental Health	50



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2021

Activity End Date

29/06/2025

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

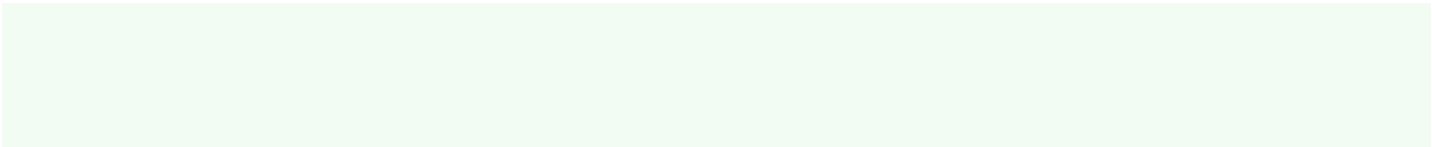
No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Activity Comments

Activity Status

Accepted

PHN Comments

Subject	Description	Commented By	Date Created
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Comments from the Department

Comment	Date Created
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