

Australian Capital Territory - NMHSPA Bilateral PHN Program

2022/23 - 2026/27

Activity Summary View



NAB-UAS - 905 - Universal Aftercare Services



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS

Activity Number *

905

Activity Title *

Universal Aftercare Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

To enhance and expand The Way Back Support Service to ensure broader referral and entry pathways for people who have experienced a suicidal crisis without being admitted to hospital

Description of Activity *

It is anticipated that any carryforward funding allocated to The Way Back Support Service from Universal Aftercare the service will be maintained and expanded upon to be utilised over the next 3 years. The first step of this expansion will be to increase the capacity of the service to receive 'Secondary Criteria' referrals, meaning referrals for those undergoing a suicidal crisis. In addition, other options to improve and/or expand the service will be investigated over the next 12 months.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

Priority	Page reference
Mental Health	50



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2023

Activity End Date

29/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Yes

Has this activity previously been co-commissioned or joint-commissioned?

Yes

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

Comments from the Department

Comment	Date Created
---------	--------------



NAB-UAS-Ops - 903 - Universal After Care Services Operational



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS-Ops

Activity Number *

903

Activity Title *

Universal After Care Services Operational

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area ***Other Program Key Priority Area Description****Aim of Activity *****Description of Activity *****Needs Assessment Priorities *****Needs Assessment****Priorities**



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

Comments from the Department

Comment	Date Created
---------	--------------



NAB-HE - 900 - headspace Enhancement Canberra



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

900

Activity Title *

headspace Enhancement Canberra

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

To increase access to coordinated, multi-disciplinary care for cohorts of young people, and to improve workforce attraction and retention.

Description of Activity *

Staffing and salary review will be implemented as a key enhancement priority given the systemic challenges to attract and retain service clinicians identified. *Service demand and waitlist management will be supported by the implementation of attraction and retention strategies including recruitment of additional staff, increases in FTE hours for a number of existing positions, and succession planning opportunities for student placements. *Active recruitment will include engagement of an additional Youth Counsellor incorporating intake as well as early intervention options for young people. Increases in FTE hours for existing positions including Youth Care Coordinator and the Mental Health Clinician roles. *Specialised programs, groups and interventions will include Single Session Therapy, Single Session Family Consultation. *Implement a review of the triage and interim supports system enabling increased early supports for young people to access alternative options. *Increase training options for staff including individual and group opportunities to enable development of new groups and projects in line with service demands. Training will include Single Session Therapy/Single Session Family Consultation, increased offerings to Dialectical Behavioural Therapy, Acceptance & Commitment Therapy and Mental Health First Aid.

Needs Assessment Priorities *

Needs Assessment

Capital Health Network (ACT PHN) 2021 to 2024 Needs Assessment

Priorities

Priority	Page reference
Mental Health	50



Activity Demographics

Target Population Cohort

Young people aged 12-25 years experiencing or at risk of mental illness

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2023

Activity End Date

29/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

Comments from the Department

Comment	Date Created
---------	--------------



NAB-HE - 901 - headspace Enhancement Tuggeranong



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

901

Activity Title *

headspace Enhancement Tuggeranong

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

To increase access to coordinated, multi-disciplinary care for cohorts of young people. • to improve workforce attraction and retention.

Description of Activity *

In 2023-2024 FY, headspace Tuggeranong will receive \$947,537 funding*headspace Tuggeranong will be included in the staffing and salary review to be undertaken by the Lead agency. This review is key to workforce attraction and retention strategies in a competitive and challenging environment. *Enhancements will include the employment of one additional day of the General practitioner. This increase in hours will enable the centre to manage the current demand and provide increased access for Mental Health Treatment Plans and physical health interventions. *Employment of an additional PT Youth Counsellor will add capacity to service intake and early intervention options for young people. *In partnership with headspace Canberra, service enhancements will include training and delivery of specialised programs, groups and interventions such as Single Session Therapy, Single Session Family Consultations and group options. *All enhancement areas will have positive impacts on service demand and wait time management.

Needs Assessment Priorities ***Needs Assessment**

Priorities

Priority	Page reference
Mental Health	50



Activity Demographics

Target Population Cohort

Young people aged 12-25 experiencing or at risk of mental illness

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

30/06/2023

Activity End Date

29/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

Comments from the Department

Comment	Date Created
---------	--------------



NAB-HE-Ops - 902 - headspace enhancement operational funding



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE-Ops

Activity Number *

902

Activity Title *

headspace enhancement operational funding

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area ***Other Program Key Priority Area Description****Aim of Activity *****Description of Activity *****Needs Assessment Priorities *****Needs Assessment****Priorities**



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

Comments from the Department

Comment	Date Created
---------	--------------