

Capital Health Network Limited

Election of Directors 2025

Candidate Statement

Candidate name (please print):	Adnan Asger Ali		
Tick the Director Position being nominated for:	E2 <input checked="" type="checkbox"/>	E3 <input type="checkbox"/>	E4 <input type="checkbox"/>

Statement in support of nomination

Allied Health Professional | PhD Candidate | Healthcare Leader

I'm seeking your support for the E2 Director position on the Capital Health Network Board, bringing extensive allied health experience and proven governance leadership to advance healthcare outcomes across our region.

Professional Credentials

- APA Titled Musculoskeletal & Pain Physiotherapist (AHPRA: PHY0001763546)
- Director, Accelerate Physiotherapy
- PhD Candidate, University of Sydney
- Current CHN Clinical Council Allied Health Representative

Strategic Healthcare Leadership

As your current Allied Health Representative on CHN's Clinical Council, I've provided strategic input on service delivery and integration whilst securing CHN grant funding for innovative COVID-19 recovery and diabetes management programmes.

My national leadership roles include Chair of the APA Musculoskeletal National Group (Australia's largest physiotherapy special interest group) and Chair of the International Federation of Manual and Musculoskeletal Physical Therapists Business and Finance Committee, providing me with strategic oversight experience across diverse healthcare systems.

Governance Experience

I bring demonstrated governance expertise through multiple committee roles, including the APA National Advisory Council and various clinical advisory panels. My approach emphasises evidence-based decision-making, stakeholder collaboration, and unwavering ethical standards.

Commitment to Our Community

My research focuses on improving healthcare access, particularly for rural and remote populations, directly aligning with CHN's equity priorities.

Together, we can build a stronger, more integrated healthcare system that serves every member of our community.

Vote - Adnan Asger Ali for CHN Board Director E2

NOTE: 250 word maximum

Capital Health Network Limited

Election of Directors 2025

Statement addressing the position requirements for Director position E2

Candidate name (please print):	Adnan Ali Asger
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Statement addressing the position requirements

Statement of Application - Director Position E2, Capital Health Network Board

I am writing to express my strong interest in the E2 Director position on the Capital Health Network (CHN) Board. As an allied health professional with extensive governance experience and deep commitment to improving healthcare outcomes across our region, I am well-positioned to contribute meaningfully to CHN's strategic direction.

Allied Health Professional Credentials

I am a physiotherapist with qualifications spanning clinical practice, research, and healthcare leadership. My credentials include Masters of Physiotherapy, Musculoskeletal Physiotherapy and Pain Medicine, with current PhD candidature at the University of Sydney focusing on organisational perspectives in musculoskeletal care pathways. As an APA Titled Musculoskeletal & Pain Physiotherapist and member of the Australian College of Physiotherapists, I maintain the highest professional standards whilst actively contributing to advancement of evidence-based practice.

Strategic Thinking and Board Contribution

Allied health professionals represent over 20 distinct professions working across primary care. As Allied Health Representative on CHN's Clinical Council, I understand the critical importance of ensuring diverse workforce representation in primary healthcare governance. This role has provided strategic input on allied health service delivery and integration, giving me intimate knowledge of CHN's operations, challenges, and opportunities.

At a national level, as Chair of the Australian Physiotherapy Association's Musculoskeletal National Group, I provide strategic oversight of Australia's largest physiotherapy special interest group, leading strategic planning initiatives, policy development, and member advocacy. Additionally, as Chair of the International Federation of Manual and Musculoskeletal Physical Therapists (IFOMPT) Business and Finance Committee, I oversee global initiatives across diverse healthcare systems.

Leadership and Governance Experience

My leadership approach emphasises collaboration, evidence-based decision-making, and unwavering ethical standards. As Director and Principal Physiotherapist of Accelerate Physiotherapy, I've built a practice recognised with multiple business awards and Great Place to Work certification.

Through various advocacy roles, I've represented physiotherapy interests in Medicare reforms, DVA healthcare initiatives, and NDIS funding discussions, demonstrating my commitment to equitable healthcare policy development and ability to navigate complex stakeholder environments.

My governance qualifications include extensive committee experience across multiple organisations. I currently serve on the APA National Advisory Council, representing musculoskeletal physiotherapy interests in national policy decisions, and clinical advisory panels for Cliniscribe and Backsync, providing strategic oversight of healthcare technology development.

To further enhance my governance capabilities, I am committed to completing the Australian Institute of Company Directors' training within the next 18 months.

Commitment to CHN's Mission

Having secured significant CHN grant funding for innovative healthcare programmes addressing COVID-19 recovery and diabetes management, I understand CHN's priorities and have demonstrated capability in translating strategic vision into practical health outcomes for our community.

My research focus on healthcare access, particularly for rural and remote populations, aligns directly with CHN's commitment to addressing health equity across our diverse region.

I am committed to bringing my strategic thinking, governance experience, and deep understanding of allied health perspectives to support CHN's continued evolution in primary healthcare innovation and integration.

About Me

I live on Ngunnawal Country with my wife, Kelly and twin sons

NOTE: 500 word maximum

Adnan Asger Ali, MACP, APAM

APA Titled Musculoskeletal & Pain Physiotherapist

Member of The Australian College of Physiotherapists

Capital Health Network Clinical Council Allied Health Representative

Australian Health Practitioner Regulation Agency (AHPRA) No. PHY0001763546

Director ID 036 04430 51923 78

Mobile 0430478582

Email adnan@acceleratephysio.com.au

Tertiary Education

2007-2009 Bachelor of Sport and Exercise Science - Royal Melbourne Institute of Technology

2010-2012 Master of Physiotherapy - University of Canberra

2015-2016 Master of Musculoskeletal Physiotherapy - LaTrobe University

2019-2021 Master of Pain Medicine – The University of Sydney

2025-2031* PhD Candidate - The University of Sydney

Professional Experience

2012-2017 Movehappy Healthcare - Physiotherapist

2015-current Corporate Work Heath Australia, PHW Group, Holistic Services Group Ergonomic
Consultant & Independent Group Facilitator

2017-current Accelerate Physiotherapy – Director & Principal Physiotherapist

2023-current Worksafe Victoria Pain Education Program – Pain Physiotherapist

2025-current Urban Health Group – Ergonomics Advisor

Research Experience

- PhD Topic “Organisational Perspectives on the Implementation of Pathways of Care for People with Musculoskeletal Conditions”
- Associate Investigator, Achilles Tendinopathy Pain Education (ATPE) in improving pain cognitions, University of Canberra 2025
- Clinical Advisory Panel, INTEL Study, Monash University 2025
- Clinician, PICOT Trial, University of Queensland 2025
- Clinician, RESTORE Trial, Macquarie University 2025

Governance Experience

Australian Physiotherapy Association

- **ACT Branch Council**
 - Branch Council Member 2017-2019
 - Vice President 2020-2022
 - Ex-Officio 2023-current
- **Musculoskeletal National Group**
 - ACT Deputy Chair 2018
 - ACT Committee Chair 2019-2021
 - National Committee Member 2019-2021
 - Acting Deputy National Chair June – December 2021
 - Deputy National Chair December 2021 – 2022
 - National Chair 2023 – 2026
 - Musculoskeletal Steering Committee 2023 - current
- **National Advisory Council**
 - Musculoskeletal National Group Representative

Capital Health Network

- Clinical Council Allied Health Representative 2023 - current

International Federation of Manual and Musculoskeletal Physical Therapists (IFOMPT)

- Business and Finance Committee Chair 2025 – current
- Incoming Australian Delegate 2025-2027
- Australian Delegate 2028-2030

Cliniscribe

- Chair – Clinical Advisory Panel

Backsync

- Chair – Clinical Advisory Panel

Scholarships & Grants

- Capital Health Network PHN \$50,000 Covid grant funding to implement exercise interventions for people with long covid (CPFit) 2024-2025
- Capital Health Network PHN \$220,000 Diabetic Care grant funding to implement exercise and lifestyle change interventions for people with diabetes 2025-2027

Business Highlights

Socials

Website <https://www.acceleratephysio.com.au>

Instagram https://www.instagram.com/accelerate_physiotherapy/?hl=en

Facebook <https://www.facebook.com/acceleratephysio1/>

LinkedIn <https://au.linkedin.com/in/adnan-asger-ali-3a231bb4>

Personal Awards

Allied Health Awards Physiotherapist of the Year 2023

Business Awards

Telstra Business Award 2019 ACT Finalist – Emerging and Energised

Telstra Business Award 2021 ACT Finalist – Championing Health

Canberra Region Local Business Awards 2021 Finalist – Health Improvement Services

Regional Achievement & Community Awards 2019 Finalist – Small Business

Great Place To Work Certified 2023 Finalist

ACT Government Healthier Work Recognised Workplace

In The Media

- <https://www.canberratimes.com.au/story/6814915/office-exodus-sees-rise-of-new-and-different-work-injuries/>
- <https://www.nationaltribune.com.au/four-day-week-redefining-physiotherapy/>
- <https://www.thebusinessconversation.com.au/2019/09/23/telstra-business-awards-finalist-redefining-work-four-day-week/1569208208>
- <https://the-riotact.com/2019-telstra-act-business-of-the-year-awards/325479>
- [Magazine | UnCover - The University of Canberra](#)

Referees

Mark Round, Chair of the Board, Australian Physiotherapy Association

P 0412127443 E mark.round@australian.physio

Dominic Furphy, Allied Health Manager – Community Care Program, ACT Health

P 0419167722 E dominic.furphy@act.gov.au