

Capital Health Network Limited

Election of Directors 2025

Candidate Statement

Candidate name (please print):	Sandra Ferrington		
Tick the Director Position being nominated for:	E2 X	E4 <input type="checkbox"/>	

Statement in support of nomination

My goal is to improve the health outcomes of patients in the ACT and region. Holding leadership roles across community pharmacy, hospital pharmacy, training of intern pharmacists and tutoring in pharmacy at universities, my knowledge and experience would enhance the CHN's board.

As a Director on the Capital Chemist Board, I provide strong leadership and contribute to the strategic direction of the group, particularly regarding community engagement, innovation, and growth.

For more than five years, I was an active ACT Pharmacy Guild Branch Committee member where I contributed to policy advocacy, workforce development, resource planning, and undertook governance of registered organisations training to meet my committee responsibilities.

As managing partner of Capital Chemist Kingston since 2007, a registered pharmacist for nearly forty years, and the owner of four community pharmacies in the ACT and NSW, I am at the front-line every day assisting patients and collaborating with primary health care teams.

My demonstrated skills include strategic planning, clinical education, local community health promotion, policy development and governance to achieve measurable health outcomes identifying gaps in health care delivery with practical solutions.

My professional achievements including setting up a support service for Winnunga Nimmityjah Aboriginal Health and Community Services to provide injectable opioid replacement therapy and delivering a medication management service to a local alcohol rehabilitation centre.

With insurmountable pressures on our health system, the need for health professionals to collaborate to improve health services for patients is greater than ever.

NOTE: 250 word maximum

Capital Health Network Limited

Election of Directors 2025

Statement addressing the position requirements for Director position E2

Candidate name (please print):	Sandra Ferrington
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Statement addressing the position requirements

1. Allied Health Professional

I am pharmacist who has been registered for nearly 40 years and worked across the pharmacy industry, including community pharmacy, hospital pharmacy in the UK, pharmacist training programs for the PSA and a tutor in pharmacy at the University of Sydney and the University of Canberra. I am an owner of four community pharmacies in the ACT and NSW.

2. Demonstrated ability to contribute to the Board's strategic thinking

I am currently a Director on the Capital Chemist Board, a community pharmacy group with 44 member pharmacies across ACT, NSW and TAS. I held the position of Board Chair for three years.

My greatest achievements on the Board include establishing the constitution and strategic plan for the Group and supporting dynamic innovation across a diverse group of award-winning community pharmacies.

Throughout my career, I have demonstrated the ability to think strategically and align local practice with broader health policy directions. As Managing Partner of Capital Chemist Kingston I have set up a support service for Winnunga Nimmityjah Aboriginal Health and Community Services to provide injectable opioid replacement therapy. I also set up and deliver a medication management service to a local alcohol rehabilitation centre.

In 2019 I was elected to the Pharmacy Guild ACT Branch Committee and served on this committee until 2024. In this capacity, I was actively engaged in policy advocacy, workforce development and resource planning to ensure that pharmacy services met the community's needs. I served on the PiRACF Governance Committee supporting the research project, Pharmacists in RACF, to improve medicine management and prevent medication-related adverse health outcomes. I also presented at the Assembly Inquiry into the Voluntary Assisted Dying Bill 2023 on behalf of community pharmacists.

With scope of practice expanding within the primary health care network, it is vital that we ensure optimal health care delivery for patients with effective coordination and collaboration between health care professionals. This requires careful and purposeful allocation of resources across the

network so that patients experience equitable and efficient care that reduces pressure on the health system.

3. Leadership, Integrity and Ethical Standards

In my role as a Managing Partner in community pharmacies, I have led diverse teams with a focus on collaboration and respect. I believe strongly in modelling ethical decision-making to ensure good governance. At Capital Chemist our values are to lead with integrity, act with honesty and respect, value diversity, work as one team, and deliver with excellence.

As a Director within the Capital Chemist Group and as a Committee Member of the Pharmacy Guild ACT Branch, I have worked within strict compliance frameworks and governance obligations. I undertook governance of registered organisations training to meet my Guild Committee responsibilities. I am also aware of my responsibilities as a company director.

My background in the pharmacy industry and as a business owner provides me with the skills and experience to contribute meaningfully to CHN's governance and its role in supporting a healthier Canberra community.

NOTE: 500 word maximum

SANDRA FERRINGTON

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EXPERIENCE

2007 - CURRENT

PHARMACIST OWNER,

Capital Chemist Kingston
62 Jardine St Kingston ACT 2604

Managing Partner and Pharmacist in Charge
Full-time position working at least 38 hours per week

Duties include:

- Dispensing pharmacist
- Supervise dispensary assistants
- Opioid Replacement Therapy
- Vaccinations
- Dose administration aids
- Emergency contraception
- Preceptor of Interns
- Staff management and rostering
- Financial management and KPI reporting
- Staff meetings and trainings
- Medication reviews
- Health Checks
- Hearing screening
- Blood pressure monitoring
- Sleep apnoea pharmacist
- Cholesterol and HbA1c testing
- Lung function test (spirometry)
- Medicinal Cannabis dispensing
- IVF medications
- UTI, OCP consultations
- Dermatology trial NSW

2006-2007

COMMUNITY PHARMACIST,

City Market Chemist

Canberra Centre ACT 2601

2006-2007

TUTOR, PLACEMENT SUPERVISOR (PART-TIME),

University of Canberra
Bruce ACT

2000-2005

COMMUNITY PHARMACIST,

Milton Chemmart Pharmacy
Princes Highway Milton NSW 2538

1998-1999

HOSPITAL PHARMACIST,

Gartnavel General Hospital
1053 Great Western Rd
Glasgow UK

1992-1998

**PSA GRADUATE TRAINING PROGRAM CO-ORDINATOR, PHARMACY PRACTICE
TUTOR UNIVERSITY OF SYDNEY**

Pharmaceutical Society of Australia (NSW Branch)
Pharmacy Department University of Sydney

1990-1992

PHARMACIST MANAGER,

Soul Pattinson Chemist
Westfield Centre
Parramatta NSW

EDUCATION

1985

BACHELOR OF PHARMACY, UNIVERSITY OF SYDNEY

1995

