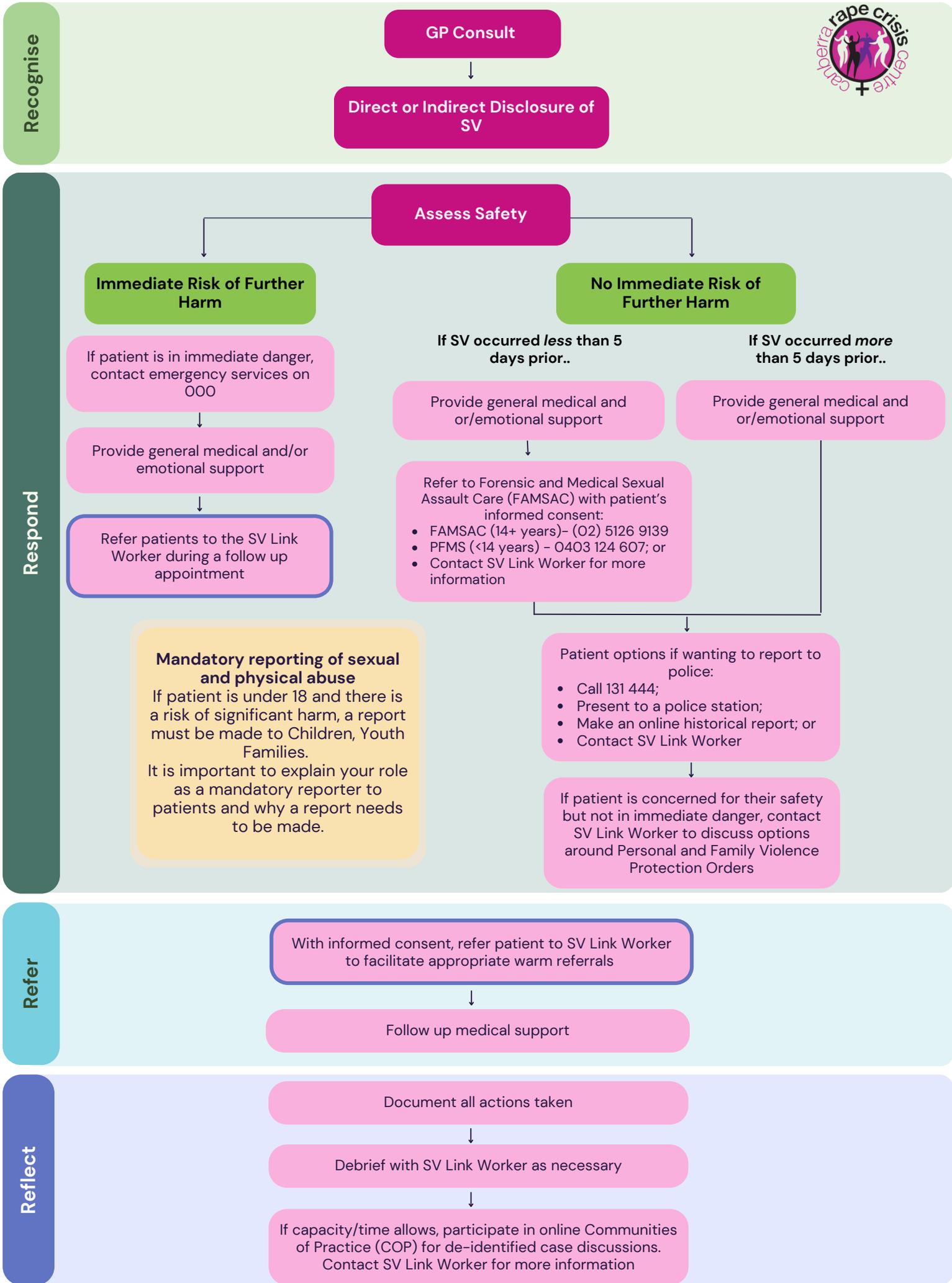


Responding to Sexual Violence (Referral Pathway)



Recognise

Patient clinical signs and symptoms:

- Sexually Transmitted Infections (STIs)
- Recurrent urinary tract infections
- Termination of pregnancy
- Chronic headaches, pelvic pain or back pain
- Genital injuries
- Sleep disorders
- Gastrointestinal disorders

Mental health disorders:

- Self-harming or suicidal behaviour
- Eating disordered traits or sudden weight loss or gain
- Anxiety

You may consider asking:

- 'I have noticed you said/did [X], do you mind if I ask some questions about that?'
- 'Is there anything else you want to talk about, but might not be sure how to say it?'
- 'I want you to know there is nothing so bad we can't talk about it.'
- 'Has someone touched you in a way you didn't want, or hurt you?'
- 'Has someone hurt you, made you feel uncomfortable, or scared?'
- 'Have you had an injury, or has something happened in some areas of your body?'
- 'Has someone made you feel a sense of shame or made to feel bad about yourself?'
- 'Is there anything you want to tell me or yarn about?'

Respond

using the LIVES Model:

Listen– provide a safe welcoming and confidential space

Inquire – 'I have noticed [X], do you mind if I ask some questions about that?'

Validate– 'I believe you,' 'None of this is your fault'

Establish Safety– Consider a mandatory report if under the age of 18

'Have you ever had a sexual encounter when you felt threatened or scared?'

'Are you worried that this may happen again?'

Support– 'Thank you for telling me that and I am sorry this happened to you'

'Does anyone else know?' 'When would you like to see me again?' 'How would you like me to contact you if I don't hear from you?'

Refer

- CRCC Sexual Violence Link Worker (Mon–Fri, 09:00 to 11:00 hours): (02) 6185 2842 or crcclinkworker@crcc.org.au
- Child, Youth and Families (24 hours 7 days): 1300 556 728 or childprotection@act.gov.au
- Forensic and Medical Sexual Assault Care (24 hours 7 days): (02) 5126 9139
- CRCC Crisis Line (07:00 to 11:00 hours, 7 days): (02) 6247 2525
- DVCS Crisis Line (24 hours 7 days): (02) 62 800 900