

Suicide Prevention Initiatives

Information Sheet



Everyone in the ACT community has a role to play in suicide prevention. CHN is committed to supporting and enhancing the capacity and capability of the mental health, suicide prevention and broader health and related workforces, as well as the wider community, to improve outcomes and reduce suicide for vulnerable cohorts. Building awareness, skills, and capacity among ACT community members and people working with at-risk communities allows for greater awareness of suicide and suicidality, increased early intervention, and reduced stigma.

Grant Opportunity Information

Capital Health Network (CHN), the ACT's Primary Health Network, through funding from the Targeted Regional Initiatives for Suicide Prevention (TRISP) program, are seeking grant applications from organisations to undertake community-led suicide prevention initiatives. These initiatives will build capacity and capability within the ACT community to recognise and respond to people who are at risk of or currently experiencing suicidal distress.

CHN is particularly seeking initiatives targeted towards communities who have been identified to be at greater risk of suicide or suicidality, including (but not limited to):

- Aboriginal & Torres Strait Islander people;
- LGBTIQ+ people;
- Children, young people, or families;
- Older Canberrans (over 65, or over 50 for Aboriginal and Torres Strait Islander peoples);
- Australian Defence Force Veterans;
- Men; and/or
- Culturally and Linguistically Diverse communities and refugees.

The outcomes of these initiatives will depend on the specific proposed activity. However, initiatives will help the ACT community to have safe conversations about suicide, identify concerns early, and provide appropriate support or referrals to others. This grant process aligns with a broader commitment to

community-based suicide prevention and capacity building.

In Scope

Some potential examples of the types of initiatives that may be in scope for this grant opportunity include:

- Increasing awareness of suicide and suicidality by enabling access to training or education
- Empowering lived experience expertise by creating opportunities for networking and mentoring
- Improving confidence in talking about suicide by engaging with communities in culturally safe forums
- Promoting help-seeking by undertaking targeted local media or events campaigns
- Reducing loneliness and isolation by facilitating social and community connections
- Tackling stigma about suicide by using community consultation to improve health service resources

The above examples are only suggestions for potential initiatives and activities. CHN welcomes applications from all types of organisations and encourages original and innovative proposals that address gaps and will provide support to people in the local region.

Out of scope

Activities that are out of scope for this grant opportunity include:

- Initiative(s) which are currently remunerable through government or non-government providers.
- Initiative(s) providing direct therapeutic care or treatment, or other forms of clinical service delivery.
- Initiative(s) beyond 31st October 2026.
- Initiative(s) for an individual.
- Initiative(s) outside the ACT region.

- Initiative(s) budgeted at less than \$10,000.00 or more than \$25,000.00.

How much funding is available?

CHN has a total of **\$161,055** available under the Targeted Regional Suicide Prevention Initiatives (TRISP) funding cycle. This funding will be distributed across multiple initiatives at the discretion of CHN and must be expended by 31 October 2026. Eligible providers may apply for between \$10,000 and \$25,000 (GST exclusive) to cover activity costs.

This grant opportunity is not an offer. It is an invitation for potential Suppliers to submit a grant application, which will then be evaluated and considered by CHN.

Please note: The funding will be provided as a one-off supply. CHN will not be providing ongoing funding for the continued delivery of funded initiatives.

Who can apply?

This grant process is open to **any applicants who can undertake community-led suicide prevention**

initiatives in the ACT and demonstrate their experience and expertise relevant to their proposed initiative. To be eligible to receive payment, applicants must meet the following requirements:

- Have an ABN
- Be registered for the purposes of GST
- Nominate a key contact for communications.

Application Steps

1. Complete the [Microsoft form](#) by **6 May 2026**.
2. CHN will provide an acknowledgement upon receiving your grant application.
3. After the grant process closure date, responses will be evaluated by CHN based upon suitability of the proposed initiative, experience/expertise, and value for money.
4. Following assessment of submitted grant applications, shortlisted applicants will be contacted to discuss next steps.

Need Assistance?

For any questions or additional support, please contact the Mental Health and Suicide Prevention team at suicideprevention@chnact.org.au

References:

1. Australian Bureau of Statistics. National Study of Mental Health and Wellbeing. 2023. Available at: [National Study of Mental Health and Wellbeing, 2020-2022 | Australian Bureau of Statistics](#)
2. Australian Institute of Health and Welfare. Annual suicide deaths over time by states and territories. Suicide & self-harm monitoring. 2025. Available at: [Annual deaths over time - Suicide & self-harm monitoring - AIHW](#)
3. Federal Financial Relations. National Mental Health and Suicide Prevention Agreement. 2022. Available at: [The National Mental Health and Suicide Prevention Agreement | Federal Financial Relations](#)
4. Capital Health Network. 2025-2030 ACT Mental Health and Suicide Prevention Regional Plan: The Framework. 2025. Available at: [Capital Health Network | About Us - Publications](#)
5. Mental Health Commission. National Suicide Prevention Agreement. 2025. Available at: [The National Suicide Prevention Strategy | National Suicide Prevention Office | National Mental Health Commission](#)