
Dr VISHAL ARYA

General Practitioner

Education:

- **FPAA Certificate in Reproductive and Sexual Health for Doctors,** *Aug 2017*
- **Fellowship of Royal Australian College of General Practitioners** *June 2016*
- **Master of Health and International Development** *July 2009*
Flinders University, South Australia
- **Bachelor of Medicine and Bachelor of Surgery** *Mumbai India* *Dec 2005*

Clinical and Teaching Experience:

- **Principal GP and Medical Director** *Feb 2023- Current*
Rutledge Family Medical Centre
- **GP Supervisor, RACGP** *Feb 2025- Current*
- **GP VMO (Inpatient and ED)** *Queanbeyan Hospital* *April 2023- Current*
- **Medical Student teaching** *Jan 2010- Current*
- **General Practitioner** *Ochre Health Kingston ACT* *Mar 2022- Feb 2023*
- **General Practitioner** *Queanbeyan GP Super Clinic NSW* *Nov 2016 - Oct 2022*
- **Medical Educator, Remote Vocational Training Scheme** *April 2016- Aug 2019*
- **General Practitioner** *Nov 2015 - Oct 2016*
Winnunga Nimmityjah Aboriginal Health Service, Canberra
- **Senior ED Doctor:** *Queanbeyan Hospital NSW* *Oct 2015 - Feb 2017*
- **Medical Director** *Mar 2013 - Aug 2015*
Pika Wiya Health Services, Port Augusta SA
- **GP VMO (ED & Inpatient)** *Port Augusta Hospital SA* *Mar 2013 - Aug 2015*
- **Resident Medical Officer** *Gosford & Wyong Hospital, NSW* *Jan 2011 - Jan 2013*
- **Medical Officer** *Mount Gambier Hospital, South Australia* *Jan 2010 - Dec 2010*
- **Intern** *Feb 2006 - Feb 2007*

Lokmanya Tilak Municipal General Hospital, Mumbai, India

Leadership, Board and Committee Experience:

- **Head of Department, Internal Medicine, Queanbeyan Hospital** July 2026- Current
- **Customer Advisory Group, Therapeutic Guidelines** Aug 2025- Current
- **Director, National Capital Health Pty Ltd** Jan 2025- Current
- **Committee Member, Capital Health Network's Clinical Council** Dec 2024- Current
- **Chair ACT Medicines Advisory Committee** Feb 2024 - Current
- **Board member ACT Ambulance Clinical Advisory Committee** Aug 2020- Current
- **Deputy Chair, Medical Staff Council, Queanbeyan Hospital** June 2024- Feb 2026
- **Treasurer, Indian Medical Association of Canberra** Feb 2024- Feb 2025
- **Evaluation Network Member, Therapeutic Guidelines** Oct 2022 - Aug 2025
- **Board member ACT Medicines Advisory Committee** Feb 2021 - Feb 2024
- **Medical Director** Mar 2013 - Aug 2015
Pika Wiya Health Services, Port Augusta SA

Registration & Credentialing:

- **General and Specialist registration** with AHPRA: MED0001671349

Professional Development:

- **Paediatric Basic Assessment and Support**, Canberra Health Services Aug 2025
- **Cardiopulmonary resuscitation**, Surlife Saving, May 2024
- **MTOP Ultrasound**, Zedu Oct 2023
- **NeoResus Advanced Resuscitation Program: RCH Melbourne** March 2023
- **Advanced Life Support Level 2: Australian Resuscitation Council** Dec 2022
- **Practical Dermoscopy**, The Australasian college of dermatologist, July 2021.
- **Yellow Fever Vaccination Course**, ACRRM July 2019
- **National Standard for Health Assessment of Rail Safety Workers training program** March 2018
- **Flap and Graft Workshop**, Australasian College of Cutaneous Oncology Oct 2017
- **Advanced Certificate of Clinical Procedures, Vasectomy & Intrauterine devices** HealthCert Sep 2017
- **Advanced Workshop joint Puncture and Soft Tissue Injections**, HealthCert Sep 2017
- **FPAA National Certificate in Reproductive and Sexual Health** for Doctors Aug 2017
- **Certificate Advanced Dermoscopy**, Australasian College of Cutaneous Oncology, June 2017

Capital Health Network Limited

Election of Directors 2026

Candidate Statement

Candidate name (please print):	VISHAL RYA		
Tick the Director Position being nominated for:	E1 X	E3 ☐	

Statement in support of nomination

I am a practising GP and Fellow of the RACGP with over fifteen years of clinical experience across metropolitan, regional and Aboriginal health settings in South Australia, New South Wales and the ACT. Since 2023 I have been Principal GP and Medical Director of Rutledge Family Medical Centre in Queanbeyan, a multidisciplinary, AGPAL-accredited teaching practice, and I work as a GP VMO at Queanbeyan Hospital, where I was recently appointed Head of Department, Internal Medicine. I also supervise GP registrars under RACGP.

My governance experience includes serving as a Director of National Capital Health Pty Ltd, Chair of the ACT Medicines Advisory Committee, Deputy Chair of the Medical Staff Council at Queanbeyan Hospital, and membership of CHN's own Clinical Council and the ACT Ambulance Clinical Advisory Committee. These roles have given me direct exposure to board level decision making, budget oversight, clinical risk and policy development within complex, multi-stakeholder health systems.

I am seeking election to the CHN Board because general practice needs a strong, informed voice at this level, one that understands both the daily realities of running a practice and the broader system pressures shaping primary care in the ACT. I would welcome the opportunity to bring that perspective to the Board.

NOTE: 250 word maximum

Capital Health Network Limited

Election of Directors 2026

Statement addressing the position requirements for Director position E1

Candidate name (please print):	Dr VISHAL ARYA
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Statement addressing the position requirements

I am a practising GP and Fellow of the RACGP with over fifteen years of clinical experience across metropolitan, regional and Aboriginal health settings in South Australia, New South Wales and the ACT. Since 2023 I have been Principal GP and Medical Director of Rutledge Family Medical Centre in Queanbeyan, a multidisciplinary, AGPAL-accredited teaching practice supporting ANU medical students and Canberra Health Services junior doctors. I also work as a GP VMO in the general medicine at Queanbeyan Hospital, where I was recently appointed Head of Department, Internal Medicine, and I supervise GP registrars under RACGP.

This breadth of practice, spanning private general practice ownership, hospital medicine and Aboriginal community health, has given me a grounded understanding of how primary care actually functions on the ground, including the workforce, funding and access pressures facing GPs across our region. I believe this frontline perspective is essential to CHN's Board as it works to strengthen general practice capacity and coordinate care across the ACT.

Strategic thinking

As owner and Medical Director of a growing multidisciplinary practice, I have led strategic decisions on workforce planning, service diversification (including nurse practitioner and allied health integration), IMG recruitment and supervision, and practice accreditation. I currently chair the ACT Medicines Advisory Committee and sit on CHN's own Clinical Council and the ACT Ambulance Clinical Advisory Committee, roles that require me to weigh clinical, operational and system level considerations and contribute to policy that affects care across multiple settings.

Leadership and integrity

I have held formal leadership roles including Deputy Chair of the Medical Staff Council at Queanbeyan Hospital, Treasurer of the Indian Medical Association of Canberra, and now Head of Department for Internal Medicine. As a GP Supervisor and long-standing medical educator (since 2010, including with the Remote Vocational Training Scheme), teaching and mentoring the next generation of doctors has been a consistent thread through my career. These roles all depend on transparent, accountable decision making and I bring that same standard to governance.

Governance experience

I have served as a Director of National Capital Health Pty Ltd since January 2025, and my committee roles with CHN, ACT Health and Queanbeyan Hospital have given me direct exposure to board level governance, including budget oversight, credentialing, clinical risk and policy development within complex, multi-stakeholder health systems.

I am putting myself forward for this position because general practice needs a strong, informed voice at CHN Board level, one that understands both the daily realities of running a practice and the broader system settings that shape primary care in the ACT. I would welcome the opportunity to contribute that perspective to the Board.

NOTE: 500 word maximum