

DR JESSICA TIDEMANN

BA MBBS FRACGP

PROFESSIONAL PROFILE

Specialist general practitioner and medical leader with extensive experience spanning clinical and APS settings including primary care, women's health, sexual and reproductive health, medical education, medicines regulation and subsidy, and health sector governance.

RECENT PROFESSIONAL EXPERIENCE

Medical Officer (MO4) | Therapeutic Goods Administration [Aug 2019 – Present](#)

- Clinical Delegate with Prescription Medicines Authorisation Branch responsible for regulatory decisions relating to registration and scheduling of medicines
- Lead, Medicines Repurposing Program exploring registration of new indications for established medicines (Dec 2023 – Dec 2024)
- Director, Medicines Surveillance and Targeted Review, Pharmacovigilance Branch leading a multidisciplinary team responsible for pharmacovigilance and post-market safety activities including supervision of GP registrars (May 2021 – Dec 2023)
- Progressed through multiple promotions from MO2 to MO4

Medical Officer | Sexual Health & Family Planning ACT [Oct 2024 – Present](#)

- Provision of sexual and reproductive health services
- Education and training of medical practitioners, nurses and midwives
- Supervision of RACGP registrars

General Practitioner | Canberra After Hours Locum Medical Service [Nov 2022 – Present](#)

- Acute after-hours primary care services

Clinical Teaching Visitor | GP Synergy / RACGP [Nov 2022 – Present](#)

- Assessment through direct in-practice observation of registrars

QUALIFICATIONS AND REGISTRATION

- Unconditional general and specialist registration with the Medical Board of Australia
- Fellowship of the Royal Australian College of General Practitioners [2019](#)
- Bachelor of Medicine, Bachelor of Surgery, Australian National University [2011](#)
- Bachelor of Arts, Australian National University [2005](#)

PROFESSIONAL COMPETENCIES

- Media trained • Medical abortion provision • IUD insertion • Hormonal implant insertion

BOARD AND GOVERNANCE ROLES

- Board Director, Capital Health Network [Oct 2023 – Present](#)
- Member, Capital Health Network General Practice Advisory Council [Mar 2023 – Oct 2023](#)
- Board Director, General Practice Registrars Australia [Nov 2019 – Nov 2022](#)
- Deputy Chair, RACGP NSW & ACT Faculty Council [Aug 2020 – Sept 2021](#)
- Member, RACGP NSW & ACT Faculty Council [Dec 2018 – Aug 2022](#)
- Member, RACGP National Faculty Council for GPs in Training [Dec 2018 – Sept 2021](#)
- Member, GPRA Advisory Council [May 2017 – Nov 2019](#)
- Member, Canberra Hospital Clinical Review Committee [2012](#)

PREVIOUS PROFESSIONAL EXPERIENCE

Clinical

- General Practitioner, Directions Health Services [Nov 2023 – May 2024](#)
- Staff Specialist, Women's Health Service, Canberra Health Services [Jan 2021 – Sept 2023](#)
- General Practitioner, East Canberra General Practice [Aug 2018 – Sept 2020](#)
- GP Registrar, multiple Canberra practices [Feb 2017 – Aug 2019](#)
- Registrar, Canberra Sexual Health Centre [Feb 2016 – Feb 2017](#)
- SRMO and Registrar, Obstetrics & Gynaecology, Canberra Hospital [Feb 2014 – Apr 2015](#)
- Intern and Resident Medical Officer, Canberra Hospital [Jan 2012 – Feb 2014](#)

Non-clinical

- Acting Medical Officer 5, Therapeutic Goods Administration [multiple periods Feb 2022 – Nov 2023](#)
- Registrar Liaison Officer, GP Synergy [May 2017 – Nov 2019](#)
- Medical Officer 2, Signal Investigation Unit, TGA [Feb 2018 – Aug 2018](#)

Capital Health Network Limited

Election of Directors 2026

Candidate Statement

Candidate name (please print):	Jessica Tidemann		
Tick the Director Position being nominated for:	E1 X	E3 ☐	

Statement in support of nomination

I am re-nominating for the position of Capital Health Network Elected Director E1 as a GP who is committed to the provision of quality, effective primary healthcare in the ACT. I am an active member of the general practice community working across roles in clinical practice, medical education, and government. Prior to commencing on the Board, I was an invited member of the CHN GP Advisory Council, which I now chair, and have previously held several other professional positions, including Board Director, GP Registrars Australia and Deputy Chair, RACGP NSW/ACT Faculty Council.

I have strong skills in leadership and governance and make direct, honest, and ethical contributions to any role I occupy. I have a wealth of experience in public health policy and governance to draw on having worked in several roles for the Australian Government Department of Health and Aged Care over a period spanning over 20 years. I recognise the importance of ensuring a board reflects the voices of the members they represent, and I am willing to be a frank and fearless voice for general practice.

My professional priorities are the provision of safe, accessible, effective patient care and the safety and wellbeing of my healthcare professional colleagues. I am particularly driven to address the barriers and inequities that many vulnerable groups experience in our health system, most notably First Nations people. I would welcome the opportunity to continue bring my skills, knowledge, and passion to the CHN Board, and to continue to contribute to improved health outcomes for all Canberrans.

NOTE: 250 word maximum

Capital Health Network Limited

Election of Directors 2026

Statement addressing the position requirements for Director position E1

Candidate name (please print):	Jessica Tidemann
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Statement addressing the position requirements

I am a specialist general practitioner with 15 years clinical experience in addition to having worked in various roles within the Australian Government Department of Health and Aged Care. I am an organised, efficient, clear communicator with a strong interest in health and public policy. I currently occupy the CHN Elected Director E1 position and am re-nominating for the position as a GP committed to supporting the provision of quality, effective primary healthcare in the ACT.

I am a lifelong Canberra local graduating from the Australian National University (twice) and I completed my prevocational and general practice training in the ACT and surrounding regions. I have been working in both a non-clinical Commonwealth government role as well as clinical roles since I achieved fellowship of the RACGP in 2019. This has included working in private general practice and as a staff specialist with Canberra Health Services. I contribute to medical education with the RACGP as a general practice supervisor and as a Clinical Teaching Visitor.

Prior to commencing on the Board, I was a member of the CHN GP Advisory Council, which I now chair, and have previously held several other general practice-related professional positions. I was a member of the RACGP NSW&ACT Faculty Council from 2018 to 2022, holding the position of Deputy Chair from August 2020 to September 2021 during which time I was directly involved with the ACT's COVID-19 pandemic response. I was a Board Director with GP Registrars Australia (GPRA) from 2019 to 2022 and prior to that was a member of GPRA's Advisory Council from 2017 to 2019.

I have worked for the Australian Government Department of Health and Aged Care in various roles over a period spanning over 20 years, providing me with a wealth of experience in public health and with government. I have strong skills in leadership and governance and make direct, honest, and ethical contributions to any role I occupy. I always act with integrity. I have a unique mix of skills and experience and am well placed to continue to contribute to the CHN Board's strategic thinking and achievement of organisational obligations.

NOTE: 500 word maximum