

Simon Kragh
Physiotherapist A.P.A.M.

I am a dedicated and passionate physiotherapist and managing director of Southside Physio group. I am conscientious, highly collaborative and have excellent communication skills. I am driven and thrive in team environments.

Education

Tertiary Education:

2019	Masters of Business Administration (incomplete) Unit: People Management Deakin University
2012-2017	Bachelor of Physiotherapy University of Canberra

Employment History

Southside Physiotherapy Group, Physio and Managing Director April 2020 - Today

- Working with the board of SSPG (my co-directors) driving our organisation forward.
- Providing mobile physiotherapy to NDIS, DVA and private patients in Canberra. I started the mobile arm of Southside Physio.
- Starting/building the mobile team to be 35 practitioners including OT, Physio, EP and dietician
- Managing the 3 businesses involving more than 50 therapists (mostly physios) and 20 non clinical team members.
- Managing and leading a team of more than 75 people

Physiotherapist – Kieser Caulfield: January 2019 to June 2020

- Managing and treating musculoskeletal conditions including post-surgical, sporting & general injuries with a strong focus on active rehab.
- Marketing: Co-ordinating and building relationships with all references, including GP's, surgeons, dentists, sports doctors and community organizations.
- Enhanced professional and therapeutic relationships with patients. Ensured that I established a caring and calm demeanor for those experiencing stress and anxiety due to their health.

Physiotherapist – Symmetry Physiotherapy Port Melbourne: August 2017 to January 2019

- Managing and treating musculoskeletal conditions including post-surgical, sporting & general injuries and developing individualised treatment plans for patients.

- Established relationships with other healthcare professionals including sports physicians, surgeons, exercise physiologists, dentists and general practitioners.
- Participating in regular in-house professional development. Effectively delivered professional development sessions to educate other team members.

Physiotherapist – Williamstown Football Club: January 2018 to December 2018

Intern Physiotherapist – North Melbourne: January 2018 to September 2019

Junior Physiotherapist – Canberra Raiders: November 2016 until August 2017

Athlete – Old Loughtonians Hockey Club, UK: August 2013 until May 2014

Athlete – Bromley and Beckenham Hockey Club, UK: December 2011 until May 2012

Sports Physiotherapy Association Student representative- ACT, August 2016- August 2017

- Organising and convening lectures, including Sports Level 1 ACT

Professional Development and Training

Successful completion of the Australian Institute of Company Directors course 2026

Capital Health Network Limited

Election of Directors 2026

Candidate Statement

Candidate name (please print):	Simon Kragh		
Tick the Director Position being nominated for:	E1 ☐	E3 ☒	

Statement in support of nomination

I am a physiotherapist, Managing Director of Southside Physio Group and father of two young children. Throughout my career I have worked to advocate for consumers by designing and delivering services that improve access to primary health care for older Australians, people living with disability and those with chronic and complex conditions.

I established Southside Physio Mobile in 2020, growing it from a sole practitioner service into a multidisciplinary allied health team of more than 35 practitioners delivering care directly into consumers' homes. This experience has given me a deep understanding of the barriers many Canberrans face in accessing health care and the importance of integrated, person-centred services.

Over the past five years I have worked with my fellow directors to more than double the size of Southside Physio Group while maintaining a strong focus on quality care and consumer outcomes. I have also worked closely with CHN through our successful delivery of the Breathlessness ABIS Program, providing valuable insight into Canberra's primary health priorities.

I currently lead more than 75 team members, with a leadership style based on integrity, transparency and collaboration. I believe effective governance begins with listening to consumers and making decisions that improve their experience of the health system.

For the past six years I have governed four allied health entities, overseeing strategy, finance, compliance and risk management. Earlier this year I completed the AICD Company Directors course and look forward to applying both my governance experience and passion for consumer advocacy to the CHN Board.

NOTE: 250 word maximum

Capital Health Network Limited

Election of Directors 2026

Statement addressing the position requirements for Director position E3

Candidate name (please print):	Simon Kragh
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Statement addressing the position requirements

I am a physiotherapist, Managing Director of Southside Physio Group, and a father of two young children. Throughout my career I have worked alongside consumers of primary health care across Canberra and have built services around understanding and responding to their needs. I believe this experience has equipped me to effectively advocate for and represent consumers of primary health care services.

In 2020, I established Southside Physio Mobile from the ground up. What began as myself providing home visits has grown into a multidisciplinary allied health service of more than 35 practitioners delivering care to older Australians, people living with disability and those living with chronic and complex conditions. Working in consumers' homes has given me a unique understanding of the practical barriers people face in accessing health care, including mobility, transport, social isolation, fragmented services and the difficulty many people experience navigating the health system.

As our organisation has grown, I have remained focused on ensuring services are designed around the needs of consumers rather than the convenience of providers. We have expanded beyond physiotherapy to include occupational therapy, exercise physiology, dietetics, massage therapy and drama therapy because consumers often achieve the best outcomes when health professionals work collaboratively around shared goals. Leading a multidisciplinary organisation has provided me with an excellent understanding of how different parts of the primary health system interact and where opportunities exist to improve integration and access.

Strategic Contribution

Over the past six years I have worked closely with my fellow directors to more than double the size of Southside Physio Group while maintaining a clear focus on improving consumer outcomes. I have led strategic initiatives including expansion into new allied health disciplines, investment in technology, workforce development and innovative community-based service delivery. I have also worked directly with CHN through our successful delivery of the Breathlessness ABIS Program, strengthening my understanding of regional primary health priorities.

Leadership, Integrity and Ethics

I currently lead more than 75 team members across our organisation. My leadership is founded on integrity, transparency, accountability and respect. I believe ethical leadership starts with listening. Whether supporting consumers, families or our team, I seek to understand different perspectives before making decisions and remain committed to creating inclusive services that meet the needs of diverse communities.

Governance Experience

For the past six years I have governed multiple allied health entities, overseeing finance, compliance, risk management and organisational strategy. Earlier this year I completed the Australian Institute of Company Directors course, strengthening my understanding of governance, board responsibilities and strategic oversight. I look forward to bringing both practical leadership experience and contemporary governance knowledge to the CHN Board.

As both a health professional and a parent navigating Canberra's health system, I understand that every strategic decision ultimately affects consumers. I would be honoured to represent their interests and contribute to improving primary health care across our community.

NOTE: 500 word maximum